Name: ___________________________________  
Advisor:  ________________________________  
Date:  ___________________________________

## GENERAL EDUCATION REQUIREMENTS (GER)

The requirements in this section apply to students who first enrolled in college after May 20, 1996.

A course taken to satisfy a requirement in the GER section of the checklist may also be used to satisfy one, but only one, requirement in another section of the curriculum. All other required courses may only be used in the major once.

### Example:

Psych 210, Soc 360, Stat 301 or 371 may simultaneously be used to satisfy the GER Quantitative Reasoning requirement AND the HDFS statistics requirement.

With proper planning, you may be able to fulfill many of the General Education Requirements through courses that are required or allowed in other sections of the curriculum. Although it is possible that other combinations exist, specific courses or categories are listed below to provide you with some guidance in your planning.

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Communication A</strong> (unless exempt by placement exam)</td>
<td>0-3 _____</td>
</tr>
<tr>
<td>- Designated with an &quot;a&quot; in the Schedule of Classes</td>
<td></td>
</tr>
<tr>
<td>- COM ARTS 100, 181 and LSC COM 100 will also fulfill the Human Ecology Speech Communication Requirement</td>
<td></td>
</tr>
<tr>
<td><strong>Communication B</strong></td>
<td>3-4 _____</td>
</tr>
<tr>
<td>- Designated with a &quot;b&quot; in the Schedule of Classes</td>
<td></td>
</tr>
<tr>
<td><strong>Quantitative Reasoning A</strong> (unless exempt by placement exam)</td>
<td>0-3 _____</td>
</tr>
<tr>
<td>- Designated with a &quot;q&quot; in the Schedule of Classes</td>
<td></td>
</tr>
<tr>
<td>- Math 101, which fulfills the HDFS math requirement, does not fulfill the QR-A requirement.</td>
<td></td>
</tr>
<tr>
<td>- Math 112, 114, 130, 141, and 171 will simultaneously fulfill the QR-A and HDFS math requirements.</td>
<td></td>
</tr>
<tr>
<td><strong>Quantitative Reasoning B</strong></td>
<td>3-5 _____</td>
</tr>
<tr>
<td>- Designated with an &quot;r&quot; in the Schedule of Classes</td>
<td></td>
</tr>
<tr>
<td><strong>Ethnic Studies</strong></td>
<td>3 _____</td>
</tr>
<tr>
<td>- Designated with an &quot;e&quot; in the Schedule of Classes</td>
<td></td>
</tr>
<tr>
<td>- HDFS 474 or 522 required in the major, will satisfy the ethnic studies requirement.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HUMAN ECOLOGY BREADTH</strong></td>
<td>3 _____</td>
</tr>
<tr>
<td>Any non-HDFS class in SoHE that is not used to meet other requirements (CNSR SCI, LSC COM, INTER-HE, DS, NUTRI SCI, FOOD SCI).</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ARTS &amp; HUMANITIES</strong></td>
<td>9 _____</td>
</tr>
<tr>
<td>- Literature (choose any literature course designated &quot;L&quot; in the Schedule of Classes)</td>
<td>3 _____</td>
</tr>
<tr>
<td>- Humanities (choose from courses designated &quot;H&quot;, &quot;L&quot;, or &quot;Z&quot; in the Schedule of Classes, or foreign language, music, or art or art history to bring total credits to 9)</td>
<td>3 _____</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOCIAL STUDIES</strong></td>
<td>9 _____</td>
</tr>
<tr>
<td>- PSYCH 202</td>
<td>3 _____</td>
</tr>
<tr>
<td>- Any 3 credits in Anthropology</td>
<td>3 _____</td>
</tr>
<tr>
<td>- Any 3 credits in Sociology</td>
<td>3 _____</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PHYSICAL, BIOLOGICAL &amp; NATURAL SCIENCES</strong></td>
<td>9 _____</td>
</tr>
<tr>
<td>- Physical Science (Choose any Physical Science course designated P)</td>
<td>1-4 _____</td>
</tr>
<tr>
<td>- Biological Science (Choose any Biological Science course designated B)</td>
<td>1-4 _____</td>
</tr>
<tr>
<td>- Additional Science (Choose from courses with B, P, N, X, or Y in the Schedule of Classes to bring total science credits to 9)</td>
<td></td>
</tr>
</tbody>
</table>

Students are encouraged to actively participate in a student organization for development of leadership and professional networking skills. Visit the Wisconsin Involvement Network (WIN) for information about the HDFS Students for Families and Children organization.

Freshmen and first-semester transfer students in good academic standing may declare the Human Development & Family Studies program. All other students apply through an application process. Check with the Student Academic Affairs Office for specific application submission deadlines.
### LEARNING OUTCOME 1: 6 credits

**LIFESPAN HUMAN DEVELOPMENT**
Knowledge of lifespan human development (including cognitive, social, and emotional development and individual differences) in social and ecological contexts.

- HDFS 362 Development of the Young Child
- ED PSYCH 320 Human Dev in Infancy & Early Childhood
- PSYCH 560 Child Psychology

**AND**

- HDFS 363 Development from Adolescence to Old Age 3 _____

### LEARNING OUTCOME 2: 3 credits

**FAMILY AND COMMUNITY DIVERSITY**
Knowledge of family and community diversity

- 1HDFS 474 Racial Ethnic Families in the U.S.
- HDFS 522 American Indian Families

### LEARNING OUTCOME 3: 3 credits

**INTERNAL FAMILY PROCESSES**
Knowledge of internal family processes, including parenting and parent-child relations, couples and family relationships across generations and family health and well-being

- 2HDFS 471 Parent/Child Relations
- 1HDFS 516 Family Stress & Coping
- 1HDFS 517 Couple Relationships

### LEARNING OUTCOME 4: 3 credits

**SOCIAL INSTITUTION INFLUENCES**
Ability to consider and evaluate how children, adults, individual families and family as an institution affect and are affected by policies, media or other social institutions

- 1HDFS 535 Family Perspective in Policymaking
- HDFS 469 Family & Community Influences on the Young Child
- HDFS 616 Mass Media and Youth

### LEARNING OUTCOME 5: 3 credits

**ASSESSMENT, PREVENTION, INTERVENTION AND OUTREACH**
Knowledge about the effective and ethical practice of assessment, prevention, intervention or outreach for individual and families

- 1HDFS 650 Parent Education & Support Programs
- HDFS 663 Developmental & Family Assessment

### LEARNING OUTCOME 6: 6 credits

**UNDERSTANDING SOCIAL SCIENCE RESEARCH**
Ability to understand, evaluate, and ethically conduct social science research

- PSYCH 210 Basic Statistics for Psychology
- SOC 360 Statistics for Sociologists
- STAT 301 Introduction to Statistical Methods
- STAT 371 Intro Applied Stats – Life Science

### PROFESSIONAL DEVELOPMENT 8 credits

- HDFS 501 SoHE Career & Leadership Orientation 2 _____
- 1HDFS 601 Internship 3 _____

**FOOTNOTES**
1. Students seeking Certified Family Life Educator (CFLE) Certification must take these courses, plus complete the following: PSY 160/SOC 160 or GEN&WS 103; CNSR SCI 275 or CNSR SCI 475; PHILOS 241 or PHILOS 341; INTER-HE 427 or INTER-HE 428
2. Students seeking CFLE Certification must take one of these two courses:
HDFS 471 or HDFS 650

**HIGH IMPACT PRACTICE-BASED CREDITS**
Service learning course OR Research experience OR Second internship OR Study abroad experience OR Behavior skill training course OR Undergraduate teaching assistantship experience OR Other high-impact course.

*View possible ways of meeting this requirement on page 3 (“High Impact Practice-Based Credits”).*
# High Impact Practice-Based Credits

These credits cannot be used to simultaneously fulfill another HDFS major requirement.
These credits can be obtained from ANY department across campus.

<table>
<thead>
<tr>
<th>Example</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Learning course</td>
<td>Any course listed in the course guide as a Service Learning course. To find service learning courses, check Schedule of Classes course descriptions or the Morgridge Center web site: <a href="http://www.morgridge.wisc.edu/programs/servicelearning/List.html">http://www.morgridge.wisc.edu/programs/servicelearning/List.html</a> or on the MyCourse Guide web site: <a href="http://public.my.wisc.edu/portal/render.userLayoutRootNode.uP">http://public.my.wisc.edu/portal/render.userLayoutRootNode.uP</a></td>
</tr>
<tr>
<td>Research Experience</td>
<td>Includes supervised work on a faculty member’s research project, but may also be a project initiated by students (e.g. HDFS 592). May be announced by faculty member during a class meeting, initiated by student, or by email announcement sent to HDFS majors</td>
</tr>
<tr>
<td>HDFS 601: Internship</td>
<td>A second semester of internship, in either the same or a new placement.</td>
</tr>
<tr>
<td>Study abroad experience</td>
<td>Any 3-credit course taken as part of a study abroad experience</td>
</tr>
<tr>
<td>Additional courses with strong components of learning-by-doing or behavioral skills training</td>
<td>For example, HDFS 469, HDFS 501: Project Grow, HDFS 535, HDFS 616, HDFS 647, HDFS 650, HDFS 663. -OR- Additional statistics course beyond the 3-cr requirement. -OR- Additional research methods course beyond the 3-cr requirement</td>
</tr>
<tr>
<td>Undergraduate Teaching Assistant or Course Mentor</td>
<td>Typically an invited position for a course already completed at a high level of mastery. It should be performed under a 3-credit course number (for example as an independent study or a topics course).</td>
</tr>
<tr>
<td>Graduate Level Course</td>
<td>Faculty will allow only a few, upper level undergraduates into any graduate course. To request permission to register, write directly to the instructor indicating your preparation and reason for requesting their specific course. (In the HDFS department, there are courses numbered 700 and higher; in other departments, any course listed in the course catalog as graduate level)</td>
</tr>
<tr>
<td>Courses You Can Justify</td>
<td>You may petition your SoHE academic advisor to approve any course as meeting this requirement. Your written justification should focus on (a) the professional skills training provided by the course, and/or (b) the high-impact nature of the teaching-learning situation (as in internships, skill training courses, and other learning-by-doing situations). This includes independent study credits (HDFS 299 or 501) for such activities as conducting a community service project related to the HDFS field of study. (Any independent study should be proposed by the student and approved by a faculty sponsor during the prior semester.)</td>
</tr>
</tbody>
</table>
Complementing Your Human Development & Family Studies Degree

All degrees require a minimum of 120 credits for graduation. The HDFS degree requirements do not equal 120 credits, so elective courses will be necessary. This worksheet includes several ways to frame your elective credits to complement your HDFS degree.

SoHE students may complete any additional major through the College of Letters & Science, excluding Social Work, Journalism and Music. Additional majors are typically around 30 credits, but may include additional prerequisites.

Examples include:

- Psychology
- Sociology
- Social Welfare
- Communication Arts
- Gender & Women’s Studies
- Foreign Language

SoHE students may complete any campus certificate program, provided they meet the admission/declaration requirements. Campus certificates are typically around 15-18 credits.

Examples include:

- Criminal Justice Certificate
- Asian American Studies Certificate
- Chicano/a and Latina/o Studies Certificate
- Gender & Women’s Studies Certificate
- Global Health Certificate
- Educational Policy Certificate
- Education and Educational Services Certificate
- Specialist in Gerontology Certificate

Non-Transcripted Concentrations

Select courses from one of the concentrations below. A concentration will not appear on your transcript.

**Aging and Families**

- HDFS 763 Aging and the Family
- ISYE 662 Design and Human Disability and Aging
- PSYCH 564 Adult Development and Aging
- SOC WORK 422/SOC 422 The Social Problems of Aging and Old Age
- SOC 575 Sociological Perspectives on the Life Course and Aging

**Child Development**

- HDFS 464 Play Development and Role Across the Lifespan
- CS&D 440 Child Language Disorders, Assessment and Intervention
- ED POL 478 Comparative History of Childhood and Adolescence
- SOC WORK 646 Child Abuse and Neglect
- SOC WORK 462 Child Welfare
- CURRIC 660 Early Childhood Education
- SOC 446 Juvenile Delinquency
- PSYCH 503 Social Development
- RP&SE 300 Individuals with Disabilities
### Human Development & Family Studies  
**Effective for Admissions 2014-2015**

#### Families, Culture, and Race/Ethnicity

- HDFS 474 Racial Ethnic Families in the US
- HDFS 478 Development of Black Children and Their Families
- HDFS 521 African American Families
- HDFS 522 American Indian Families
- ANTHRO 104 Cultural Anthropology and Human Diversity
- ASIAN AM 240 Hmong Experiences in the U.S.
- CHICLA 201 Introduction to Chicana/o and Latina/o Studies
- GEN & WS 101 Gender, Women, and Cultural Representation
- GEN & WS 200 Introduction to Lesbian, Gay, Bisexual, & Transgender Studies
- GEN & WS 323 Gender, Race, and Class: Women in U.S. History
- GEN & WS 420 Women in Cross-Societal Perspective
- SOC 134 Problems of American Racial and Ethnic Minorities
- SOC 578/C & E SOC 578 Rural Minority Groups and Poverty in the US
- SOC 640 Sociology of the Family

Select courses from any of the following departments: ANTHRO, AMER IN, AFRA AMER, CHICLA, ASIAN AMER, JEWISH, AFRICAN, EAST ASIAN

#### Health

- ANTHRO 365 Medical Anthropology
- GEN & WS 103 Women and Their Bodies in Health and Disease
- GEN & WS 333 Special Topics in Women & Health
- MED HIST 212 The Physician in History
- MED HIST 504 Society and Health Care in American History
- MED HIST 508 Health, Disease and Healing II
- MED HIST 509 The Development of Public Health in America
- MED HIST 523 Race, American Medicine and Public Health
- MED HIST 531 Women and Health in American History
- NUTR SCI 132 Nutrition Today
- NUTR SCI 350 World Hunger and Malnutrition
- POP HLTH 553 International Health and Global Society
- SOC WORK 105 Health Care Systems; Interdisciplinary Approach
- SOC 533/C & E SOC 533 Public Health in Rural & Urban Communities

#### Relationships Science

- HDFS 471 Parent-Child Relations
- HDFS 517 Couple Relationships
- HDFS 592 A Lab-Based Research Course that Focuses on Relationships
- COM ARTS 272 Introduction to Interpersonal Communication
- PSYCH 160/SOC 160 Human Sexuality: Social and Psychological Issues
- SOC WORK 523 Family Violence
- SOC 120 Marriage and Family