GENERAL EDUCATION REQUIREMENTS (GER)

The requirements in this section apply to students who first enrolled in college after May 20, 1996.

A course taken to satisfy a requirement in the GER section of the checksheet may also be used to satisfy one, but only one, requirement in another section of the curriculum. All other required courses may only be used in the major once.

**Example:** Psych 210, Soc 360, Stat 301 or 371 may simultaneously be used to satisfy the GER Quantitative Reasoning B requirement AND the HDFS statistics requirement.

With proper planning, you may be able to fulfill many of the GER through courses that are required or allowed in other sections of the curriculum. Although it is possible that other combinations exist, specific courses or categories are listed below to provide you with some guidance in your planning.

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication A</td>
<td>0-3</td>
</tr>
<tr>
<td>(unless exempt by placement exam)</td>
<td></td>
</tr>
<tr>
<td>▪ Choose any designated Communication A</td>
<td></td>
</tr>
<tr>
<td>course</td>
<td></td>
</tr>
<tr>
<td>Communication B</td>
<td>3-4</td>
</tr>
<tr>
<td>▪ Choose any designated Communication B</td>
<td></td>
</tr>
<tr>
<td>course</td>
<td></td>
</tr>
<tr>
<td>Quantitative Reasoning A (QR-A)</td>
<td>0-3</td>
</tr>
<tr>
<td>(unless exempt by placement exam)</td>
<td></td>
</tr>
<tr>
<td>▪ Choose any designated Quantitative</td>
<td></td>
</tr>
<tr>
<td>Reasoning A course</td>
<td></td>
</tr>
<tr>
<td>Quantitative Reasoning B (QR-B)</td>
<td>3-5</td>
</tr>
<tr>
<td>▪ Choose any designated Quantitative</td>
<td></td>
</tr>
<tr>
<td>Reasoning B course</td>
<td></td>
</tr>
<tr>
<td>▪ Completion of one of the statistics</td>
<td></td>
</tr>
<tr>
<td>courses required in this major</td>
<td></td>
</tr>
<tr>
<td>▪ will satisfy the QR-B requirement</td>
<td></td>
</tr>
<tr>
<td>Ethnic Studies</td>
<td>3</td>
</tr>
<tr>
<td>▪ Choose any designated Ethnic Studies</td>
<td></td>
</tr>
<tr>
<td>course</td>
<td></td>
</tr>
<tr>
<td>▪ Completion of HDFS 174 or 474, options</td>
<td></td>
</tr>
<tr>
<td>▪ in HDFS Learning Outcome 2, will</td>
<td></td>
</tr>
<tr>
<td>▪ satisfy the Ethnic Studies requirement.</td>
<td></td>
</tr>
</tbody>
</table>

**HUMAN ECOLOGY BREADTH 3 credits**


<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HUMAN ECOLOGY BREADTH</td>
<td>3</td>
</tr>
</tbody>
</table>

**ARTS & HUMANITIES 9 credits**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Literature</td>
<td></td>
</tr>
<tr>
<td>▪ Choose any designated Literature breadth course</td>
<td></td>
</tr>
<tr>
<td>Humanities</td>
<td></td>
</tr>
<tr>
<td>▪ Choose from any designated Humanities</td>
<td></td>
</tr>
<tr>
<td>breadth courses or foreign language, music, art</td>
<td></td>
</tr>
<tr>
<td>or art history to bring total credits to 9</td>
<td></td>
</tr>
</tbody>
</table>

**SOCIAL SCIENCE 9 credits**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 202</td>
<td></td>
</tr>
<tr>
<td>▪ Choose any designated Social Science</td>
<td></td>
</tr>
<tr>
<td>breadth courses to bring total credits to 9</td>
<td></td>
</tr>
</tbody>
</table>

**PHYSICAL, BIOLOGICAL & NATURAL SCIENCE 9 credits**

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHYSICAL, BIOLOGICAL &amp; NATURAL SCIENCE</td>
<td>9</td>
</tr>
<tr>
<td>▪ Choose any designated Physical,</td>
<td></td>
</tr>
<tr>
<td>▪ Biological or Natural Science breadth</td>
<td></td>
</tr>
<tr>
<td>▪ courses to bring total credits to 9</td>
<td></td>
</tr>
</tbody>
</table>
LEARNING OUTCOME 1: LIFESPAN HUMAN DEVELOPMENT 6 credits
Knowledge of lifespan human development (including cognitive, social, and emotional development and individual differences) in social and ecological contexts

HDFS 362 Development of the Young Child OR
ED PSYCH 320 Human Dev in Infancy & Early Childhood OR
PSYCH 460 Child Psychology

AND

HDFS 363 Development from Adolescence to Old Age 3 _____

LEARNING OUTCOME 2: FAMILY AND COMMUNITY DIVERSITY 3 credits
Knowledge of family and community diversity

HDFS 174 Introduction into Cultural Diversity of Families OR
HDFS 474 Racial Ethnic Families in the U.S. OR
HDFS 465 Families and Poverty

AND

LEARNING OUTCOME 3: INTERNAL FAMILY PROCESSES 3 credits
Knowledge of internal family processes, including parenting and parent-child relations, couples and family relationships across generations and family health and well-being

HDFS 471 Parent/Child Relations OR
HDFS 516 Family Stress and Resilience OR
HDFS 517 Couple Relationships

AND

LEARNING OUTCOME 4: SOCIAL INSTITUTION INFLUENCES 3 credits
Ability to consider and evaluate how children, adults, individual families and family as an institution affect and are affected by policies, media or other social institutions

HDFS 535 Family Perspective in Policymaking OR
HDFS 469 Family & Community Influences on the Young Child

CERTIFIED FAMILY LIFE EDUCATOR (CFLE) CERTIFICATION
Students seeking CFLE Certification must take these courses:
CNSR SCI 273 PSYCH/SOC 453 or GEN&WS 101

LEARNING OUTCOME 5: ASSESSMENT, PREVENTION, INTERVENTION AND OUTREACH 3 credits
Knowledge about the effective and ethical practice of assessment, prevention, intervention or outreach for individual and families

HDFS 650 Parent Education & Support Programs OR
HDFS 663 Developmental & Family Assessment

LEARNING OUTCOME 6: UNDERSTANDING SOCIAL SCIENCE RESEARCH 6 credits
Ability to understand, evaluate, and ethically conduct social science research

STATISTICS
PSYCH 210 Basic Statistics for Psychology OR
SOC 360 Statistics for Sociologists OR
STAT 301 Introduction to Statistical Methods OR
STAT 371 Intro Applied Stats – Life Science

RESEARCH METHODS
HDFS 425 Research Methods in HDFS OR
PSYCH 225 Experimental Psychology OR
SOC 357 Methods of Sociological Inquiry

PROFESSIONAL DEVELOPMENT 8 credits
INTER-HE 202 SoHE Career & Leadership Development 1 _____
AND
HDFS 253 HDFS Leadership Symposium 1 _____
AND
HDFS 601 Internship 3 _____
AND
HIGH IMPACT PRACTICE-BASED COURSE TO BE APPROVED BY YOUR SOHE ACADEMIC ADVISOR
Service learning course OR Research experience OR Second internship OR Study abroad experience OR Behavior skill training course OR Undergraduate teaching assistantship experience OR Other high-impact course.

View possible ways of meeting this requirement on page 3 (“High Impact Practice-Based Courses”).
These credits cannot be used to simultaneously fulfill another HDFS major requirement. These credits can be obtained from ANY department across campus.

<table>
<thead>
<tr>
<th>Example</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Service Learning Course</strong></td>
<td>Any course listed in the course guide as a Service Learning or Community-Based Learning course.</td>
</tr>
<tr>
<td></td>
<td>To find service learning courses, check Schedule of Classes course descriptions or the Morgridge Center web site: <a href="http://www.morgridge.wisc.edu/programs/servicelearning/List.html">http://www.morgridge.wisc.edu/programs/servicelearning/List.html</a></td>
</tr>
<tr>
<td><strong>Research Experience</strong></td>
<td>Includes supervised work on a faculty member’s research project or an independent research project (e.g. HDFS 592, HDFS 699, honors thesis, Hilldale Fellowship Project) May be announced by faculty member during a class meeting, initiated by student, or by email announcement sent to HDFS majors</td>
</tr>
<tr>
<td><strong>HDFS 601: Internship</strong></td>
<td>A second semester of internship, in either the same or a new placement</td>
</tr>
<tr>
<td><strong>Study Abroad Experience</strong></td>
<td>Any 3-credit course taken as part of a study abroad experience</td>
</tr>
<tr>
<td><strong>Additional courses with strong components of learning-by-doing or behavioral skills training</strong></td>
<td>For example, Inter-HE 201 (first-year only), HDFS 650, or HDFS 663 -OR- Additional statistics course beyond the 3-cr requirement -OR- Additional research methods course beyond the 3-cr requirement</td>
</tr>
<tr>
<td><strong>Undergraduate Teaching Assistant or Course Mentor or Community-Based Learning Fellow</strong></td>
<td>Typically an invited position for a course already completed at a high level of mastery It should be performed under a 3-credit course number (for example as an independent study, topics course, or Coun Psy 225)</td>
</tr>
<tr>
<td><strong>Graduate Level Course</strong></td>
<td>To request permission to register for a graduate level course, write directly to the instructor indicating your preparation and reason for requesting their specific course. Please note that not all faculty will allow undergraduates students to enroll in graduate level courses</td>
</tr>
<tr>
<td></td>
<td>(In the HDFS department, there are courses numbered 700 and higher; in other departments, any course listed in the course catalog as graduate level)</td>
</tr>
<tr>
<td><strong>Courses You Can Justify</strong></td>
<td>You may petition your SoHE academic advisor to approve any course as meeting this requirement. Your written justification should focus on (a) the professional skills training provided by the course, and/or (b) the high-impact nature of the teaching/learning situation (as in internships, skill training courses, and other learning-by-doing situations). This includes independent study credits (HDFS 299 or 501) for such activities as conducting a community service project related to the HDFS field of study. (Any independent study should be proposed by the student and approved by a faculty sponsor during the prior semester.)</td>
</tr>
</tbody>
</table>
All degrees require a minimum of 120 credits for graduation. The HDFS degree requirements do not equal 120 credits, so elective courses will be necessary. This worksheet includes several ways to frame your elective credits to complement your HDFS degree.

SoHE students may complete any additional major through the College of Letters & Science, excluding Social Work, Journalism and Music. Additional majors are typically around 30 credits, but may include additional prerequisites. Examples include:
- Psychology
- Sociology
- Social Welfare
- Communication Arts
- Gender & Women’s Studies
- Foreign Language

SoHE students may complete any campus certificate program, provided they meet the admission/declaration requirements. Campus certificates are typically around 15-18 credits. Examples include:
- Criminal Justice Certificate
- Asian American Studies Certificate
- Chicano/a and Latina/o Studies Certificate
- Gender & Women’s Studies Certificate
- Global Health Certificate
- Health and the Humanities
- Educational Policy Certificate
- Education and Educational Services Certificate
- Specialist in Gerontology Certificate

Select courses from one of the concentrations below. A concentration will not appear on your transcript.

**Aging and Families**
- HDFS 763 Aging and the Family
- ISYE 662 Design and Human Disability and Aging
- PSYCH 564 Adult Development and Aging
- SOC WORK 422/SOC 422 The Social Problems of Aging and Old Age
- SOC 575 Sociological Perspectives on the Life Course and Aging

**Child Development**
- HDFS 464 Play Development and Role Across the Lifespan
- CS&D 440 Child Language Disorders, Assessment and Intervention
- ED POL 478 Comparative History of Childhood and Adolescence
- SOC WORK 646 Child Abuse and Neglect
- SOC WORK 462 Child Welfare
- CURRIC 660 Early Childhood Education
- SOC 446 Juvenile Delinquency
- PSYCH 503 Social Development
- RP&SE 300 Individuals with Disabilities
Human Development & Family Studies  

**Families, Culture, and Race/Ethnicity**

- HDFS 474 Racial Ethnic Families in the U.S.
- HDFS 478 Development of Black Children and Their Families
- HDFS 521 African American Families
- HDFS 522 American Indian Families
- ANTHRO 104 Cultural Anthropology and Human Diversity
- ASIAN AM 240 Hmong Experiences in the U.S.
- CHICLA 201 Introduction to Chicana/o and Latina/o Studies
- GEN & WS 101 Gender, Women, and Cultural Representation
- GEN & WS 200 Introduction to Lesbian, Gay, Bisexual, & Transgender Studies
- GEN & WS 323 Gender, Race, and Class: Women in U.S. History
- GEN & WS 420 Women in Cross-Societal Perspective
- SOC 134 Problems of American Racial and Ethnic Minorities
- SOC 578/C & E SOC 578 Rural Minority Groups and Poverty in the U.S.
- SOC 640 Sociology of the Family
- Select courses from any of the following departments: ANTHRO, AMER IN, AFRA AMER, CHICLA, ASIAN AMER, JEWISH, AFRICAN, EAST ASIAN

**Health**

Students may also choose to complete prerequisite courses for Pre-Med, Pre-OT, Pre-PT, Pre-PA, etc.

- ANTHRO 365 Medical Anthropology
- GEN & WS 103 Women and Their Bodies in Health and Disease
- GEN & WS 533 Special Topics in Women & Health
- MED HIST 212 The Physician in History
- MED HIST 504 Society and Health Care in American History
- MED HIST 508 Health, Disease and Healing II
- MED HIST 509 The Development of Public Health in America
- MED HIST 523 Race, American Medicine and Public Health
- MED HIST 531 Women and Health in American History
- NUTR SCI 132 Nutrition Today
- NUTR SCI 350 World Hunger and Malnutrition
- POP HLTH 553 International Health and Global Society
- SOC WORK 105 Health Care Systems; Interdisciplinary Approach
- SOC 533/C & E SOC 533 Public Health in Rural & Urban Communities

**Relationships Science**

- HDFS 471 Parent-Child Relations
- HDFS 517 Couple Relationships
- HDFS 592 A Lab-Based Research Course that Focuses on Relationships
- COM ARTS 272 Introduction to Interpersonal Communication
- PSYCH 160/SOC 160 Human Sexuality: Social and Psychological Issues
- SOC WORK 523 Family Violence
- SOC 120 Marriage and Family