

Human Development & Family Studies (540) _____ Effective for Admissions 2019-2020

Name: _____

Advisor: _____

Date: _____

GENERAL EDUCATION REQUIREMENTS (GER)

The requirements in this section apply to students who first enrolled in college after May 20, 1996.

A course taken to satisfy a requirement in the GER section of the checksheet may also be used to satisfy one, but only one, requirement in another section of the curriculum. All other required courses may only be used in the major once.

Example: Psych 210, Soc 360, Stat 301 or 371 may simultaneously be used to satisfy the GER Quantitative Reasoning B requirement **AND** the HDFS statistics requirement.

With proper planning, you may be able to fulfill many of the GER through courses that are required or allowed in other sections of the curriculum. Although it is possible that other combinations exist, specific courses or categories are listed below to provide you with some guidance in your planning.

Communication A 0-3 _____ (unless exempt by placement exam)

- Choose any designated Communication A course

Communication B 3-4 _____

- Choose any designated Communication B course

Quantitative Reasoning A (QR-A) 0-3 _____ (unless exempt by placement exam)

- Choose any designated Quantitative Reasoning A course

Quantitative Reasoning B (QR-B) 3-5 _____

- Choose any designated Quantitative Reasoning B course
- Completion of one of the statistics courses required in this major will satisfy the QR-B requirement

Ethnic Studies 3 _____

- Choose any designated Ethnic Studies course
- Completion of HDFS 474, an option in HDFS Learning Outcome 2, will satisfy the Ethnic Studies requirement.

HUMAN ECOLOGY BREADTH 3 credits

Choose any 6 credits of Human Ecology courses outside of the Human Development & Family Studies (HDFS) Department. Courses may be taken in Civil Society & Community Studies (CSCS), Consumer Science (CNSR SCI), Design Studies (DS), or Interdisciplinary Studies in Human Ecology (INTER-HE).

ARTS & HUMANITIES 9 credits

Literature

Choose any designated Literature breadth course

Humanities

Choose from any designated Humanities breadth courses or foreign language, music, art or art history to bring total credits to 9

SOCIAL SCIENCE 9 credits

PSYCH 202 _____

Choose any designated Social Science breadth courses to bring total credits to 9

PHYSICAL, BIOLOGICAL & NATURAL SCIENCE 9 credits

Choose any designated Physical, Biological or Natural Science breadth courses to bring total credits to 9

LEARNING OUTCOME 1: 6 credits
LIFESPAN HUMAN DEVELOPMENT
 Knowledge of lifespan human development (including cognitive, social, and emotional development and individual differences) in social and ecological contexts

¹HDFS 362 Development of the Young Child
OR
 ED PSYCH 320 Human Dev in Infancy & Early Childhood
OR
 PSYCH 460 Child Psychology
 _____ 3 _____

AND
¹HDFS 363 Development from Adolescence to Old Age 3 _____

LEARNING OUTCOME 2: 3 credits
FAMILY AND COMMUNITY DIVERSITY
 Knowledge of family and community diversity

¹HDFS 474 Racial Ethnic Families in the U.S.
OR
 HDFS 465 Families and Poverty
 _____ 3 _____

LEARNING OUTCOME 3: 3 credits
INTERNAL FAMILY PROCESSES
 Knowledge of internal family processes, including parenting and parent-child relations, couples and family relationships across generations and family health and well-being

²HDFS 471 Parent/Child Relations
OR
¹HDFS 516 Family Stress and Resilience
OR
¹HDFS 517 Couple Relationships
 _____ 3 _____

LEARNING OUTCOME 4: 3 credits
SOCIAL INSTITUTION INFLUENCES
 Ability to consider and evaluate how children, adults, individual families and family as an institution affect and are affected by policies, media or other social institutions

¹HDFS 535 Family Perspective in Policymaking
OR
 HDFS 469 Family & Community Influences on the Young Child
OR
 HDFS 616 Mass Media and Youth
 _____ 3 _____

FOOTNOTES
 1. Students seeking Certified Family Life Educator (CFLE) Certification must take these courses, plus complete the following: PSYCH 160/SOC 160 or GEN&WS 103; CNSR SCI 275; PHILOS 241 or PHILOS 341 (preferred); CSCS 427 or CSCS 428.
 2. Students seeking CFLE Certification must take one of these two courses: HDFS 471 or HDFS 650

LEARNING OUTCOME 5: 3 credits
ASSESSMENT, PREVENTION, INTERVENTION AND OUTREACH
 Knowledge about the effective and ethical practice of assessment, prevention, intervention or outreach for individual and families

²HDFS 650 Parent Education & Support Programs
OR
 HDFS 663 Developmental & Family Assessment
 _____ 3 _____

LEARNING OUTCOME 6: 6 credits
UNDERSTANDING SOCIAL SCIENCE RESEARCH
 Ability to understand, evaluate, and ethically conduct social science research

STATISTICS
 PSYCH 210 Basic Statistics for Psychology
OR
 SOC 360 Statistics for Sociologists
OR
 STAT 301 Introduction to Statistical Methods
OR
 STAT 371 Intro Applied Stats – Life Science
 _____ 3 _____

RESEARCH METHODS
¹HDFS 425 Research Methods in HDFS
OR
 PSYCH 225 Experimental Psychology
OR
 SOC 357 Methods of Sociological Inquiry
 _____ 3 _____

PROFESSIONAL DEVELOPMENT 8 credits

INTER-HE 202 SoHE Career & Leadership Development 1 _____
AND
 HDFS 253 HDFS Leadership Symposium 1 _____
AND
 HDFS 601 Internship 3 _____
AND
 HIGH IMPACT PRACTICE-BASED COURSE TO BE APPROVED BY YOUR SOHE ACADEMIC ADVISOR

Service learning course OR Research experience OR Second internship OR Study abroad experience OR Behavior skill training course OR Undergraduate teaching assistantship experience OR Other high-impact course.

View possible ways of meeting this requirement on page 3 (“High Impact Practice-Based Courses”).
 _____ 3 _____

HIGH IMPACT PRACTICE-BASED COURSES

These credits cannot be used to simultaneously fulfill another HDFS major requirement.

These credits can be obtained from ANY department across campus.

Example	Description
Service Learning Course	Any course listed in the course guide as a Service Learning or Community-Based Learning course To find service learning courses, check Schedule of Classes course descriptions or the Morgridge Center web site: http://www.morgridge.wisc.edu/programs/servicelearning/List.html
Research Experience	Includes supervised work on a faculty member's research project or an independent research project (e.g. HDFS 592, HDFS 699, honors thesis, Hilldale Fellowship Project) May be announced by faculty member during a class meeting, initiated by student, or by email announcement sent to HDFS majors
HDFS 601: Internship	A second semester of internship, in either the same or a new placement
Study Abroad Experience	Any 3-credit course taken as part of a study abroad experience
Additional courses with strong components of learning-by-doing or behavioral skills training	For example, Inter-HE 201 (first-year only), HDFS 650, or HDFS 663 -OR- Additional statistics course beyond the 3-cr requirement -OR- Additional research methods course beyond the 3-cr requirement
Undergraduate Teaching Assistant or Course Mentor or Community-Based Learning Fellow	Typically an invited position for a course already completed at a high level of mastery It should be performed under a 3-credit course number (for example as an independent study or a topics course)
Graduate Level Course	To request permission to register for a graduate level course, write directly to the instructor indicating your preparation and reason for requesting their specific course. Please note that not all faculty will allow undergraduates students to enroll in graduate level courses (In the HDFS department, there are courses numbered 700 and higher; in other departments, any course listed in the course catalog as graduate level)
Courses You Can Justify	You may petition your SoHE academic advisor to approve any course as meeting this requirement. Your written justification should focus on (a) the professional skills training provided by the course, and/or (b) the high-impact nature of the teaching/learning situation (as in internships, skill training courses, and other learning-by-doing situations). This includes independent study credits (HDFS 299 or 501) for such activities as conducting a community service project related to the HDFS field of study. (Any independent study should be proposed by the student and approved by a faculty sponsor during the prior semester.)

Complementing Your Human Development & Family Studies Degree

All degrees require a minimum of 120 credits for graduation. The HDFS degree requirements do not equal 120 credits, so elective courses will be necessary. This worksheet includes several ways to frame your elective credits to complement your HDFS degree.

Additional Majors through the College of Letters & Science

SoHE students may complete any additional major through the College of Letters & Science, excluding Social Work, Journalism and Music. Additional majors are typically around 30 credits, but may include additional prerequisites.

Examples include:

- Psychology
- Sociology
- Social Welfare
- Communication Arts
- Gender & Women's Studies
- Foreign Language

Campus Certificate Programs

SoHE students may complete any campus certificate program, provided they meet the admission/declaration requirements. Campus certificates are typically around 15-18 credits.

Examples include:

- Criminal Justice Certificate
- Asian American Studies Certificate
- Chicano/a and Latina/o Studies Certificate
- Gender & Women's Studies Certificate
- Global Health Certificate
- Health and the Humanities
- Educational Policy Certificate
- Education and Educational Services Certificate
- Specialist in Gerontology Certificate

Non-Transcripted Concentrations

Select courses from one of the concentrations below. A concentration will not appear on your transcript.

Aging and Families

HDFS 763 Aging and the Family
ISYE 662 Design and Human Disability and Aging
PSYCH 564 Adult Development and Aging
SOC WORK 422/SOC 422 The Social Problems of Aging and Old Age
SOC 575 Sociological Perspectives on the Life Course and Aging

Child Development

HDFS 464 Play Development and Role Across the Lifespan
CS&D 440 Child Language Disorders, Assessment and Intervention
ED POL 478 Comparative History of Childhood and Adolescence
SOC WORK 646 Child Abuse and Neglect
SOC WORK 462 Child Welfare
CURRIC 660 Early Childhood Education
SOC 446 Juvenile Delinquency
PSYCH 503 Social Development
RP&SE 300 Individuals with Disabilities

**Families,
Culture, and
Race/Ethnicity**

HDFS 474 Racial Ethnic Families in the U.S.
 HDFS 478 Development of Black Children and Their Families
 HDFS 521 African American Families
 HDFS 522 American Indian Families
 ANTHRO 104 Cultural Anthropology and Human Diversity
 ASIAN AM 240 Hmong Experiences in the U.S.
 CHICLA 201 Introduction to Chicana/o and Latina/o Studies
 GEN & WS 101 Gender, Women, and Cultural Representation
 GEN & WS 200 Introduction to Lesbian, Gay, Bisexual, & Transgender Studies
 GEN & WS 323 Gender, Race, and Class: Women in U.S. History
 GEN & WS 420 Women in Cross-Societal Perspective
 SOC 134 Problems of American Racial and Ethnic Minorities
 SOC 578/C & E SOC 578 Rural Minority Groups and Poverty in the U.S.
 SOC 640 Sociology of the Family
 Select courses from any of the following departments: ANTHRO, AMER IN, AFRA
 AMER, CHICLA, ASIAN AMER, JEWISH, AFRICAN, EAST ASIAN

Health

Students may also
choose to complete
prerequisite
courses for Pre-
Med, Pre-OT, Pre-
PT, Pre-PA, etc.

ANTHRO 365 Medical Anthropology
 GEN & WS 103 Women and Their Bodies in Health and Disease
 GEN & WS 533 Special Topics in Women & Health
 MED HIST 212 The Physician in History
 MED HIST 504 Society and Health Care in American History
 MED HIST 508 Health, Disease and Healing II
 MED HIST 509 The Development of Public Health in America
 MED HIST 523 Race, American Medicine and Public Health
 MED HIST 531 Women and Health in American History
 NUTR SCI 132 Nutrition Today
 NUTR SCI 350 World Hunger and Malnutrition
 POP HLTH 553 International Health and Global Society
 SOC WORK 105 Health Care Systems: Interdisciplinary Approach
 SOC 533/C & E SOC 533 Public Health in Rural & Urban Communities

**Relationships
Science**

HDFS 471 Parent-Child Relations
 HDFS 517 Couple Relationships
 HDFS 592 A Lab-Based Research Course that Focuses on Relationships
 COM ARTS 272 Introduction to Interpersonal Communication
 PSYCH 160/SOC 160 Human Sexuality: Social and Psychological Issues
 SOC WORK 523 Family Violence
 SOC 120 Marriage and Family