

08/27/2019

*Curriculum Vitae*

**KRISTIN LITZELMAN, PhD**

University of Wisconsin-Madison  
Human Development & Family Studies  
1300 Linden Drive  
Madison, WI 53706  
(608) 262-3314  
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**EDUCATION**

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PhD | University of Wisconsin-Madison, Madison, WI 2013  
Department of Population Health Sciences  
Dissertation Title: *Caregiving in Wisconsin: Impact on Health, Quality of Life, and Aging*

BA | University of Illinois at Urbana-Champaign, Urbana, IL 2005  
Department of French

**POSITIONS**

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UNIVERSITY OF WISCONSIN-MADISON, Madison, WI  
School of Human Ecology

Assistant Professor, Department of Human Development and Family Studies	2015-Present
Faculty Affiliate, Center for Child and Family Well-Being	2016-Present
Faculty Affiliate, Center for Financial Security	2016-Present
Faculty Affiliate, MORE (Money + Relationships + Equity)	2016-Present

Division of Extension

State Specialist, Human Development and Relationships Institute	2015-Present
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University of Wisconsin Center for Demography of Health and Aging

Faculty Affiliate	2018-Present
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School of Nursing

Faculty Affiliate, Center for Aging Research & Education	2016-Present
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University of Wisconsin Carbone Cancer Center

Member/Honorary Fellow	2016-Present
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University of Wisconsin Institute for Clinical and Translational Research

Member	2012-Present
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NATIONAL CANCER INSTITUTE, Rockville, MD  
Division of Cancer Prevention  
Cancer Prevention Fellowship Program  
Cancer Prevention Fellow June 2013-October 2015

SOUTHERN NEW HAMPSHIRE UNIVERSITY  
 College of Continuing and Online Education  
 Adjunct Professor

August 2014-June 2015

## **PROFESSIONAL AFFILIATIONS**

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Life Course Research Network (LCRN)	2011-Present
Society of Behavioral Medicine (SBM)	2017-Present
Gerontological Society of America (GSA)	2019-Present
American Public Health Association (APHA)	2011-2016

## **HONORS AND AWARDS**

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OneSoHE21 Faculty Teaching Excellence Award, School of Human Ecology, University of Wisconsin-Madison, Madison, WI	2019
Excellence in Multi-State Collaboration Award, National Extension Association of Family & Consumer Sciences – 3 <sup>rd</sup> Place, regionally & nationally (award to the members of the North Central Region Aging Network), San Antonio, TX	2018
Merit Award, NCI Cancer Prevention Fellowship Program, Washington, DC	2015
Sallie Rosen Kaplan Post-doctoral Fellowship for Women in Science, National Cancer Institute, Rockville, MD	2014
Herman I. Shapiro Distinguished Graduate Fellow, School of Medicine and Public Health, University of Wisconsin-Madison, Madison, WI	2012
Graduate Student Peer Mentorship Award, University of Wisconsin-Madison, Madison, WI	2011
Rankin/Skatrud Lectureship Pre/Post-Doctoral Travel Stipend, Department of Population Health Sciences, University of Wisconsin-Madison, Madison, WI	2010
Chancellor's Scholar (Campus Honors Program), University of Illinois at Urbana-Champaign, Urbana, IL	2001-2005
James Newton Matthews Scholarship Recipient, University of Illinois at Urbana-Champaign, Urbana, IL	2001-2005

## **RESEARCH**

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*^ denotes work prior to position as assistant professor*

### ***Grants***

#### *External*

#### Funded

North Central Regional Center for Rural Development, Multi-State Rural Development  
 Research or Extension Projects Grant, "North Central Region Aging Network Toolkit

Development” (PI: Yelland), Role: Co-Investigator, October 2017-September 2018

American Cancer Society Institutional Research Grant, “Adequate depression treatment in spouses of cancer survivors: determinants, disparities, and outcomes”, Role: PI, January 2017-December 2018

^National Institute on Aging (NIH F31), “Caregiving in Wisconsin: Impact on Health, Quality of Life, and Aging” (F31 AG044073), Role: PI, September 2012-May 2013

### *Internal*

#### Funded

Fall Research Competition, “Paths to mental health treatment in cancer caregivers”, Role: PI, July 2019-June 2020.

UW-Carbone Cancer Center - Cancer Center Support Grant, “Symptom Cluster Experience of Cancer Patient-Caregiver Dyads”, Role: Co-PI (with Kwekkeboom), April 2019-March 2020.

UW-Extension/School of Human Ecology, “Talking the talk and walking the walk on aging-friendly language and accessibility in UW-Extension programming”, Role: PI, May 2019-August 2019.

Meta Schroeder Beckner Endowment, “Covering Caregiving: Developing family caregiving how-to sheets to strengthen the family and the home”, Role: PI, April 2018-March 2019.

SoHE Internal Scholarship and Research Incentive Funding, “Community-Level Barriers to Mental Healthcare: An Exploratory Literature Review”, Role: PI, August 2018-December 2018.

UW-Madison Baldwin Wisconsin Idea Endowment (Mini-Grant), “Assessing the need for and feasibility of a workshop to improve nursing home visit experiences”, Role: PI, July 2017-June 2018

UW-Madison WARF Fall Research Competition, “Adequate depression treatment in spouses of cancer survivors: determinants, disparities, and outcomes”, Role: PI, Summer 2017

### ***Peer-Reviewed Publications***

For the most current list of citations, please see PubMed:

<https://www.ncbi.nlm.nih.gov/myncbi/kristin.litzelman.1/bibliography/public/>

\**peer reviewed*

†*first author is student/mentee*

- 1) **Litzelman, K.** (2019) Family caregiving and the quality of cancer care. *Seminars in Oncology Nursing*. 35(4), 348-353. doi: 10.1016/j.soncn.2019.06.006. PMID: 31229346

- 2) †\*Kelley, D., Kent, E., **Litzelman, K.**, Mollica, M., Rowland, J. (2019). Dyadic associations between perceived social support and cancer patient and caregiver health: An actor-partner interdependence modeling approach. *Psycho-Oncology*, 28(7), 1453-1460. doi: 10.1002/pon.5096. PMID: 30993811.
- 3) \*Rim, S.H., Dasari, S., Han, X., Yabroff, K.R., **Litzelman, K.**, Ekwueme, D.U. (2019). Preventive care service use among cancer survivors with serious psychological distress: An analysis of the Medical Expenditure Panel Survey data. *Preventive Medicine*, 123, 152-159. PMC6637742.
- 4) †\*Richie, S., Dickrell, K., Jensen, J., **Litzelman, K.** (2019). Creating aging friendly communities: Feasibility of a family life educator facilitated process. *Journal of Family and Consumer Sciences*, 111(1), 46-51.
- 5) \***Litzelman, K.**, Keller, A. O., Tevaarwerk, A., & DuBenske, L. (2018). Adequacy of depression treatment in spouses of cancer survivors: Findings from a nationally representative US survey. *Journal of General Internal Medicine*, 33(6), 869-876. doi:10.1007/s11606-018-4331-z. PMC5975149.
- 6) \***Litzelman, K.**, Kent, E. E., & Rowland, J. H. (2018). Interrelationships between health behaviors and coping strategies among informal caregivers of cancer survivors. *Health Education and Behavior*, 45(1), 90-100. doi:10.1177/1090198117705164. PMC5623644.
- 7) \***Litzelman, K.**, Tesauro, G., & Ferrer, R. (2017). Internal resources among informal caregivers: Trajectories and associations with well-being. *Quality of Life Research*, 26(12), 3239-3250. doi:10.1007/s11136-017-1647-9. PMC5682238
- 8) \***Litzelman, K.**, Blanch-Hartigan, D., Lin, C. C., & Han, X. (2017). Correlates of the positive psychological byproducts of cancer: Role of family caregivers and informational support. *Palliative & Supportive Care*, 15(6), 693-703. doi:10.1017/S1478951517000050. PMC5682238.
- 9) \*Mollica, M. A., **Litzelman, K.**, Rowland, J. H., & Kent, E. E. (2017). The role of medical/nursing skills training in caregiver confidence and burden: A CanCORS study. *Cancer*, 123(22), 4481-4487. doi:10.1002/cncr.30875. PMC5673528.
- 10) \*de Moor, J. S., Dowling, E. C., Ekwueme, D. U., Guy, G. P., Jr., Rodriguez, J., Virgo, K. S., Han, X., Kent, E. E., Li, C., **Litzelman, K.**, McNeel, T. S., Liu, B., & Yabroff, K. R. (2017). Employment implications of informal cancer caregiving. *Journal of Cancer Survivorship*, 11(1), 48-57. doi:10.1007/s11764-016-0560-5. PMC5239760.
- 11) \***Litzelman, K.**, Kent, E. E., Mollica, M., & Rowland, J. H. (2016). How does caregiver well-being relate to perceived quality of care in patients with cancer? Exploring associations and pathways. *Journal of Clinical Oncology*, 34(29), 3554-3561. doi:10.1200/JCO.2016.67.3434. PMC5074348.

- 12) \*Kent, E. E., Rowland, J. H., Northouse, L., **Litzelman, K.**, Chou, W. Y., Shelburne, N., Timura, C., O'Mara, A., & Huss, K. (2016). Caring for caregivers and patients: Research and clinical priorities for informal cancer caregiving. *Cancer, 122*(13), 1987-1995. doi:10.1002/cncr.29939. PMC5597246.
- 13) \***Litzelman, K.**, Kent, E. E., & Rowland, J. H. (2016). Social factors in informal cancer caregivers: The interrelationships among social stressors, relationship quality, and family functioning in the CanCORS data set. *Cancer, 122*(2), 278-286. doi:10.1002/cncr.29741. PMC4707985.
- 14) \*Cheng, E. R., Park, H., Wisk, L. E., Mandell, K. C., Wakeel, F., **Litzelman, K.**, Chatterjee, D., & Witt, W. P. (2016). Examining the link between women's exposure to stressful life events prior to conception and infant and toddler health: The role of birth weight. *Journal of Epidemiology and Community Health, 70*(3), 245-252. doi:10.1136/jech-2015-205848. PMC4752871.
- 15) \***Litzelman, K.**, Green, P. A., & Yabroff, K. R. (2016). Cancer and quality of life in spousal dyads: Spillover in couples with and without cancer-related health problems. *Supportive Care in Cancer, 24*(2), 763-771. doi:10.1007/s00520-015-2840-4. PMC4690790.
- 16) ^\***Litzelman, K.**, & Yabroff, K. R. (2015). How are spousal depressed mood, distress, and quality of life associated with risk of depressed mood in cancer survivors? Longitudinal findings from a national sample. *Cancer Epidemiology, Biomarkers and Prevention, 24*(6), 969-977. doi:10.1158/1055-9965.EPI-14-1420. PMC4453017.
- 17) ^\***Litzelman, K.**, Skinner, H. G., Gangnon, R. E., Nieto, F. J., Malecki, K., & Witt, W. P. (2015). The relationship among caregiving characteristics, caregiver strain, and health-related quality of life: Evidence from the Survey of the Health of Wisconsin. *Quality of Life Research, 24*(6), 1397-1406. doi:10.1007/s11136-014-0874-6. PMC4446250.
- 18) ^\*Boardman, L. A., Skinner, H. G., & **Litzelman, K.** (2014). Telomere length varies by DNA extraction method: Implications for epidemiologic research--Response. *Cancer Epidemiology, Biomarkers and Prevention, 23*(6), 1131. doi:10.1158/1055-9965.EPI-14-0234. PMC4049326.
- 19) ^\***Litzelman, K.**, Witt, W. P., Gangnon, R. E., Nieto, F. J., Engelman, C. D., Mailick, M. R., & Skinner, H. G. (2014). Association between informal caregiving and cellular aging in the Survey of the Health of Wisconsin: The role of caregiving characteristics, stress, and strain. *American Journal of Epidemiology, 179*(11), 1340-1352. doi:10.1093/aje/kwu066. PMC4036217.
- 20) ^\*Boardman, L. A., **Litzelman, K.**, Seo, S., Johnson, R. A., Vanderboom, R. J., Kimmel, G. W., Cunningham, J. M., Gangnon, R. E., Engelman, C. D., Riegert-Johnson, D. L., Potter, J., Haile, R., Buchanan, D., Jenkins, M. A., Rider, D. N., Thibodeau, S. N., Petersen, G. M., & Skinner, H. G. (2014). The association of telomere length with colorectal cancer

differs by the age of cancer onset. *Clin Transl Gastroenterol*, 5, e52.  
doi:10.1038/ctg.2014.3. PMC3972691.

- 21) ^\*Witt, W. P., Cheng, E. R., Wisk, L. E., **Litzelman, K.**, Chatterjee, D., Mandell, K., & Wakeel, F. (2014). Maternal stressful life events prior to conception and the impact on infant birth weight in the United States. *American Journal of Public Health*, 104 Suppl 1, S81-89. doi:10.2105/AJPH.2013.301544. PMC3975462.
- 22) ^\*Witt, W. P., Cheng, E. R., Wisk, L. E., **Litzelman, K.**, Chatterjee, D., Mandell, K., & Wakeel, F. (2014). Preterm birth in the United States: The impact of stressful life events prior to conception and maternal age. *American Journal of Public Health*, 104 Suppl 1, S73-80. doi:10.2105/AJPH.2013.301688. PMC3975455.
- 23) ^\***Litzelman, K.**, Skinner, H. G., Gangnon, R. E., Nieto, F. J., Malecki, K., & Witt, W. P. (2014). Role of global stress in the health-related quality of life of caregivers: Evidence from the Survey of the Health of Wisconsin. *Quality of Life Research*, 23(5), 1569-1578. doi:10.1007/s11136-013-0598-z. PMC4032607.
- 24) ^\*Boardman, L. A., Johnson, R. A., Viker, K. B., Hafner, K. A., Jenkins, R. B., Riegert-Johnson, D. L., Smyrk, T. C., **Litzelman, K.**, Seo, S., Gangnon, R. E., Engelman, C. D., Rider, D. N., Vanderboom, R. J., Thibodeau, S. N., Petersen, G. M., & Skinner, H. G. (2013). Correlation of chromosomal instability, telomere length and telomere maintenance in microsatellite stable rectal cancer: A molecular subclass of rectal cancer. *PloS One*, 8(11), e80015. doi:10.1371/journal.pone.0080015. PMC3836975.
- 25) ^\*Basu, N., Skinner, H. G., **Litzelman, K.**, Vanderboom, R., Baichoo, E., & Boardman, L. A. (2013). Telomeres and telomere dynamics: Relevance to cancers of the GI tract. *Expert Review of Gastroenterology & Hepatology*, 7(8), 733-748. doi:10.1586/17474124.2013.848790. PMC3892561.
- 26) ^\*Creswell, P. D., Wisk, L. E., **Litzelman, K.**, Allchin, A., & Witt, W. P. (2014). Parental depressive symptoms and childhood cancer: The importance of financial difficulties. *Supportive Care in Cancer*, 22(2), 503-511. doi:10.1007/s00520-013-2003-4. PMC3947298.
- 27) ^\*Cunningham, J. M., Johnson, R. A., **Litzelman, K.**, Skinner, H. G., Seo, S., Engelman, C. D., Vanderboom, R. J., Kimmel, G. W., Gangnon, R. E., Riegert-Johnson, D. L., Baron, J. A., Potter, J. D., Haile, R., Buchanan, D. D., Jenkins, M. A., Rider, D. N., Thibodeau, S. N., Petersen, G. M., & Boardman, L. A. (2013). Telomere length varies by DNA extraction method: Implications for epidemiologic research. *Cancer Epidemiology, Biomarkers and Prevention*, 22(11), 2047-2054. doi:10.1158/1055-9965.EPI-13-0409. PMC3827976.
- 28) ^\*Witt, W. P., **Litzelman, K.**, Cheng, E. R., Wakeel, F., & Barker, E. S. (2014). Measuring stress before and during pregnancy: A review of population-based studies of obstetric outcomes. *Maternal and Child Health Journal*, 18(1), 52-63. doi:10.1007/s10995-013-1233-x. PMC3715581.

- 29) ^\*†Pollock, E. A., **Litzelman, K.**, Wisk, L. E., & Witt, W. P. (2013). Correlates of physiological and psychological stress among parents of childhood cancer and brain tumor survivors. *Academic Pediatrics, 13*(2), 105-112. doi:10.1016/j.acap.2012.11.005. PMC3602206.
- 30) ^\*Skinner, H. G., Gangnon, R. E., **Litzelman, K.**, Johnson, R. A., Chari, S. T., Petersen, G. M., & Boardman, L. A. (2012). Telomere length and pancreatic cancer: A case-control study. *Cancer Epidemiology, Biomarkers and Prevention, 21*(11), 2095-2100. doi:10.1158/1055-9965.EPI-12-0671. PMC3493789.
- 31) ^\***Litzelman, K.**, Barker, E., Catrine, K., Puccetti, D., Possin, P., & Witt, W. P. (2013). Socioeconomic disparities in the quality of life in children with cancer or brain tumors: The mediating role of family factors. *Psycho-Oncology, 22*(5), 1081-1088. doi:10.1002/pon.3113. PMC3470741.
- 32) ^\*Keller, A., **Litzelman, K.**, Wisk, L. E., Maddox, T., Cheng, E. R., Creswell, P. D., & Witt, W. P. (2012). Does the perception that stress affects health matter? The association with health and mortality. *Health Psychology, 31*(5), 677-684. doi:10.1037/a0026743. PMC3374921.
- 33) ^\*Witt, W. P., **Litzelman, K.**, Spear, H. A., Wisk, L. E., Levin, N., McManus, B. M., & Palta, M. (2012). Health-related quality of life of mothers of very low birth weight children at the age of five: Results from the newborn lung project statewide cohort study. *Quality of Life Research, 21*(9), 1565-1576. doi:10.1007/s11136-011-0069-3. PMC3390448.
- 34) ^\*Witt, W. P., **Litzelman, K.**, Mandic, C. G., Wisk, L. E., Hampton, J. M., Creswell, P. D., Gottlieb, C. A., & Gangnon, R. E. (2011). Healthcare-related financial burden among families in the U.S.: The role of childhood activity limitations and income. *Journal of Family and Economic Issues, 32*(2), 308-326. doi:10.1007/s10834-011-9253-4. PMC3088430.
- 35) \*Witt, W. P., Keller, A., Gottlieb, C., Litzelman, K., Hampton, J., Maguire, J., & Hagen, E. W. (2011). Access to adequate outpatient depression care for mothers in the USA: A nationally representative population-based study. *Journal of Behavioral Health Services and Research, 38*(2), 191-204. doi:10.1007/s11414-009-9194-y. Erratum in: J Behav Health Serv Res. 2015 Jul;42(3):409-10. PMC2978800.
- 36) ^\***Litzelman, K.**, Catrine, K., Gangnon, R., & Witt, W. P. (2011). Quality of life among parents of children with cancer or brain tumors: The impact of child characteristics and parental psychosocial factors. *Quality of Life Research, 20*(8), 1261-1269. doi:10.1007/s11136-011-9854-2. PMC3121891.
- 37) ^\*Skinner, H. G., **Litzelman, K.**, & Schwartz, G. G. (2010). Recent clinical trials of vitamin d3 supplementation and serum calcium levels in humans: Implications for vitamin d-based chemoprevention. *Current Opinion in Investigational Drugs, 11*(6), 678-687. doi:10.1007/s11136-010-9666-9.

- 38) ^\*Witt, W. P., **Litzelman, K.**, Wisk, L. E., Spear, H. A., Catrine, K., Levin, N., & Gottlieb, C. A. (2010). Stress-mediated quality of life outcomes in parents of childhood cancer and brain tumor survivors: A case-control study. *Quality of Life Research, 19*(7), 995-1005. doi:10.1007/s11136-010-9666-9. PMC3057223.
- 39) ^\*Witt, W. P., Gottlieb, C. A., Hampton, J., & **Litzelman, K.** (2009). The impact of childhood activity limitations on parental health, mental health, and workdays lost in the United States. *Academic Pediatrics, 9*(4), 263-269. doi:10.1016/j.acap.2009.02.008. PMC2743933.

### **Scholarly Presentations**

†first author is student/mentee

**Litzelman K.** Spouse or Caregiver? Examining Correlates and Consequences of Spouses Being Identified as Cancer Caregivers. To be presented to Gerontological Society of America (November 14, 2019).

†Harnish AK, **Litzelman K.** Community-level Barriers to Mental Health: An exploratory Literature Review. Submitted to American Public Health Association annual meeting (November 2019).

**Litzelman K.** Cancer in the family context: Understanding the role of caregiver well-being. Presented to the University of Wisconsin-Madison Population Health Sciences Monday Seminar Series, Madison, WI (April 29, 2019; INVITED).

†Kelley DE, Kent EE, **Litzelman K.**, Mollica MA, Rowland JH. Longitudinal dyadic associations between perceived social support and cancer patient and caregiver health: An Actor-Partner Interdependence modeling approach. Oral presentation at the annual meeting of the American Society of Psychosocial Oncology, Tampa, FL (March 12, 2019).

**Litzelman K.**, DuBenske L. Social resource use among informal lung cancer caregivers: predictors and trajectories in the first year. Paper presentation at the annual meeting of the Society of Behavioral Medicine (March 8, 2019).

**Litzelman K.**, Harnish A. Caregiver resource eligibility: Examining predictors and consequences of eligibility for financial support resources. Paper presentation at the annual meeting of the Society of Behavioral Medicine (March 7, 2019).

Yelland E, Bates J, Benson J, **Litzelman K.** Aging-Related Priorities in the North Central Region: A Needs Assessment. Oral presentation at the annual meeting of the National Council on Family Relations. Orlando, FL (November 17, 2017).

**Litzelman K.**, Keller AO, DuBenske L, Tevaarwerk A. Caregiver depression and patient-reported outcomes: Embracing complexity through understanding patient-co-survivor dynamics.



Oral presentation at the annual meeting of the International Society for Quality of Life Research. Philadelphia, PA (October 21, 2017).

Mollica M, **Litzelman K**, Rowland JH, Kent EE. Does training reduce burden and improve confidence for cancer caregivers? An analysis from the CanCORS Study. Poster presentation at the annual meeting of the Oncology Nursing Society. Denver, CO (May 10, 2017)

Members of the North Central Region Aging Network (including **Litzelman K**). Exploration of Aging in the National Framework for Health and Wellness: The Educator's View". National Health Outreach Conference. Annapolis, MD (May 4, 2017).

†Woldt A (**Litzelman K**, mentor). Trajectories of Support Activities of Informal Lung Cancer Caregivers. UW-Madison 2017 Undergraduate Research Symposium. Madison, WI (April 13, 2017).

**Litzelman K** and Keller AO. Do spousal cancer caregivers receive adequate depression treatment? Evidence from a population-based study. Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine. San Diego, CA (March 30, 2017).

**Litzelman K**. Informal Cancer Caregivers & Patient Reported outcomes: Zooming in and Zooming out. Invited talk as part of the symposium on Caring for All Ages: A Lifecourse Perspective on Cancer Caregiving. Presented at the annual meeting of the American Psychosocial Oncology Society. Orlando, FL (February 16-18, 2017; INVITED)

**Litzelman K**, Tesauro G, Ferrer R. Increasing internal resources over time is linked to better emotional health and life satisfaction in informal caregivers. Poster presentation at the 28th Annual Colloquium on Aging (September 27, 2016).

**Litzelman K**, Kent EE, Mollica M, Rowland JH. How does caregiver well-being relate to perceived quality of care in cancer patients? Exploring associations and pathways. Poster presentation to the 2016 Biennial Cancer Survivorship Conference, Washington, DC (June 2016).

^Kent EE, **Litzelman K**, Rowland JH. Correlates of and interrelationships among social stressors, relationship quality, and family functioning among informal cancer caregivers. Poster presentation to the 2015 Palliative Care in Oncology Symposium, Boston, MA (October 2015).

^Kent EE, **Litzelman K**, Rowland JH. Health behaviors and coping among informal caregivers of lung and colorectal cancer survivors: Distribution and interrelationships. Poster presentation to the 2015 Palliative Care in Oncology Symposium, Boston, MA (October 2015).

^**Litzelman K**. All in the Family: Stress and Well-being in Sickness and in Health. Presented to the University of Wisconsin-Madison, School of Human Ecology, Department of Human Development and Family Studies, Madison, WI (December 10, 2014; INVITED)

^**Litzelman K**, Hartigan D, Lin A, Han X. Correlates of positive psychological responses in cancer survivors. Oral presentation to the American Public Health Association Annual Meeting, New Orleans, LA (November 2014).

^**Litzelman K**, Yabroff R, McDonald P. Depression among cancer survivors: Impact of spousal depression, distress, and quality of life. Poster presentation to the American Public Health Association Annual Meeting, New Orleans, LA (November 2014).

^**Litzelman K**, Yabroff R, McDonald P. Quality of life spillover among spouses differs among couples with and without a cancer diagnosis. Oral presentation to the International Society of Quality of Life (ISOQOL) Annual Meeting, Berlin, Germany (October 2014).

^Basu N, Johnson R, Shi Q, Nelson G, Cunningham J, Goldberg R, Sinicrope F, Sargent DJ, Alberts S, Petersen G, Thibodeau S, Skinner H, **Litzelman K**, Seo S, Vanderboom R, Gangnon R, Engelman C, Rider D, Boardman L. Telomeres and survival in stage III colon cancers: findings from NCCTG N0147 (Alliance) study. Poster presented to the American Association of Clinical Research, San Diego, CA (April 9, 2014).

^**Litzelman K**, Witt WP, Gangnon RE, Nieto FJ, Engelman CD, Mailick MR, Skinner HG. Association between Informal Caregiving and Telomere Length in a Population-Based Sample: The Role of Caregiving Characteristics, Stress, and Strain. Poster presented to the American Society of Preventive Oncology Annual Meeting, Washington, DC (March 2014).

^Witt WP, Wisk LE, **Litzelman K**, and Gangnon R. Stress, immune function, and aging among parents of children with and without cancer or brain tumors. Poster Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Wisk LE, **Litzelman K**, and Gangnon R. Stress, immune function, and aging among parents of children with and without cancer or brain tumors. Platform Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Cheng ER, Wisk LE, **Litzelman K**, Chatterjee D, Mandell K, and Wakeel F. Preterm birth in the US: The importance of preconception stressful life events and pregnancy-related determinants. Platform Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Cheng ER, Wisk LE, **Litzelman K**, Chatterjee D, Mandell K, and Wakeel F. Preconception stressful life events predict low infant birthweight among women in the United States. Platform Presentation at the 2013 Annual Research Meeting of the American Public Health Association, Boston, MA (November 2-6, 2013).

^Boardman L, **Litzelman K**, Johnson R, Devine M, Firl R, Johnson A, Vincent M, Cunningham C, Seo S, Gangnon R, Rider D, Petersen G, Thibodeau S, Skinner H. Relative telomere length

differs according to DNA extraction method. Poster presentation at the Annual Meeting of the American Society of Human Genetics, San Francisco, CA (Nov 6-10, 2012).

^**Litzelman K**, Skinner H, Gangnon R, Nieto FJ, Witt W. Impact of caregiving on stress and health: Data from the Survey of the Health of Wisconsin (SHOW). Poster presentation at the 2012 Annual Research Meeting of American Public Health Association, San Francisco, CA (October 27-31, 2012).

^Creswell PD, Wisk LE, **Litzelman K**, and Witt WP. Parental Depressive Symptoms and Childhood Cancer: The Importance of Financial Difficulties and Social Support. Poster presentation at the 2012 Annual Research Meeting of AcademyHealth, Orlando, FL. (June 24-26, 2012).

^**Litzelman K**, Barker E, Catrine K, Puccetti D, Possin P, Witt WP. Socioeconomic status and quality of life in children with cancer or brain tumors: The mediating role of family factors. Oral presentation at the 15<sup>th</sup> International Symposium on Pediatric Neuro-Oncology, Toronto, Canada (June 24-27, 2012).

^**Litzelman K**, Barker E, Catrine K, Puccetti D, Possin P Witt WP. Quality of life in children with cancer or brain tumors: Socioeconomic disparities and the mediating role of family factors. Poster Presentation at the 12th International Conference on Long-Term Complications of Treatment of Children and Adolescents for Cancer, Williamsburg, VA. (June 8-9, 2012).

^Skinner H, **Litzelman K**, Engelman C, Gangnon R, Johnson R, Cunningham J, Rider D, Thibodeau S, Petersen G, Boardman L. Telomere length, telomere maintenance genes, and family history of colorectal cancer. Poster presentation at the American Society of Preventive Oncology 2012 Annual Meeting, Washington DC. (March 3-6, 2012). *\*\*Winner of Best Poster Award.*

^**Litzelman K**, Catrine K, Puccetti D, Possin P Witt WP. Quality of Life among Children with and without Cancer: The Role of Socioeconomic and Family Factors. Platform presentation at the 2011 Annual Research Meeting of American Public Health Association, Washington DC. (October 29-November 2, 2011).

^Washechek-Aletto JR, Opyrchal SML, Devine MM, Viker KB, Johnson RA, Skinner HG, Seo S, Gangnon R, **Litzelman K**, Engelman C, Thibodeau SN, Petersen GM, Cunningham JM, Boardman LA. Can telomere length be modified in healthy people? Poster Presentation at the 2011 American Association of Cancer Research International Conference on Frontiers in Cancer Prevention Research (October 22-25, 2011).

^**Litzelman K**, Catrine K, Puccetti D, Possin P Witt WP. Parent and Family-Level Correlates of Health-Related Quality of Life in Children with and without Cancer or Brain Tumors. Poster presentation at the 2011 Pediatric Academic Societies' Meeting in Denver, CO (April 30-May 3, 2011).

^Boardman LA, Johnson RA, Seo S, **Litzelman K**, Gangnon R, Engelman C, Rieger-Johnson D, Petersen GM, Skinner H. Constitutional telomere length correlates with colorectal cancer (CRC), but varies by age of cancer onset. Poster presentation at the 2011 Annual Meeting of the American Association of Cancer Research (April 2-6, 2011).

^Witt WP, Spear H, Levin N, **Litzelman K**, and Wisk L. Effects of behavior problems in very low birth weight children on stress and the health-related quality of life of their parents: an ancillary study to the Newborn Lung Project Statewide Cohort Study in Wisconsin. Oral presentation at the 2010 Annual Research Meeting of American Public Health Association (November 6-10, 2010).

^Boardman LA, Johnson RA, Seo S, **Litzelman K**, Gangnon R, Skinner H, Engelman C, Riegert-Johnson D, Petersen GM. Long constitutional telomere length and colorectal cancer. Poster presentation at the American Association of Cancer Research Biology to Therapy Meeting (October 27-30, 2010).

^Witt WP, **Litzelman K**, Mandic CG, Wisk L, Hampton J, and Gottlieb C. The Impact of Childhood Activity Limitations on Child and Family-Level Healthcare Related Financial Burden in the US. Oral presentation at the 2010 Annual Research Meeting of AcademyHealth (June 27-29, 2010).

^Witt WP, **Litzelman K**, Wisk L, Spear H, Catrine K, Levin N, and Gottlieb CA. The Mediating Effect of Stress on Caregiver Status and Quality of Life in Parents of Children with Cancer and Community Controls. Poster presentation at the 2010 Pediatric Academic Societies' Meeting in Vancouver, Canada (May 1-4, 2010).

^**Litzelman K**, Catrine K, and Witt WP. Quality of Life in Parents of Children with Cancer or Brain Tumors: The Role of Child Clinical Characteristics and Parental Psychosocial Factors. Poster presentation at the 2010 Pediatric Academic Societies' Meeting in Vancouver, Canada (May 1-4, 2010).

^Witt WP, Keller A, Gottlieb, C, **Litzelman K**, Hampton J, and Hagen EW. Access to Adequate Outpatient Depression Care for Mothers in the US: A Nationally Representative Population-Based Study. Poster presentation at the 2009 Annual Research Meeting of AcademyHealth (June 28-30, 2009).

**TEACHING**

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***Courses***

UW-MADISON

School of Human Ecology

Theories and Perspectives in Human Ecology (Inter-HE 801)

Fall 2017-2019

SOUTHERN NEW HAMPSHIRE UNIVERSITY

College of Continuing and Online Education

Foundations in Statistics (SCS 501)

Fall 2014-Summer 2015

***Guest Lectures***

UW-MADISON

Proseminar - Engaged Scholarship (CSCS 801)

Fall 2016

Human Genetics Seminar (Medical Genetics 993)

Department of Genetics, University of Wisconsin, Madison (core genetic counseling course)

The Effect of Illness on the Family Spring 2011

The Impact of Childhood Activity Limitations

Spring 2010

Principles of Population Health Sciences (PHS 795)

Department of Population Health Sciences, University of Wisconsin, Madison

Cells to Society Approach to Population Health

Fall 2010

***Mentoring****MS thesis/PhD Dissertation Committees*

(\* denotes chair)

**Current**

Penny Black, PhD Student, Department of Population Health Sciences (Thesis title TBD)

Hyojin Choi, PhD Student, Department of Human Development and Family Studies (Thesis title TBD)

Mariela Quesada Centeno, PhD Student, Department of Human Development and Family Studies (Thesis title TBD)

Patricia Egan, PhD Candidate, Department of Social Work, "Perspective taking by dementia family caregivers: Exploring how proxy reporters assess quality of life in dementia"

\*Autumn Harnish, MS Student, Department of Human Development and Family Studies  
(Thesis title TBD)

Jennifer Putney, PhD Student, Department of Human Development and Family Studies, “The Use and Benefit of Dyadic Coping in Parents of Children with Autism Spectrum Disorder”

#### Former/Completed

\*Albert Burgess-Hull, PhD, Department of Human Development and Family Studies,  
“Examining the Dynamic Spread of Marijuana Use in a Social Network with Community Structure” (Summer 2018)

Iulia Mihaila, PhD, Department of Human Development and Family Studies, “Understanding Healthy Aging in Middle-Aged Adults with Down Syndrome Through Leisure Activity: An Examination of Level of Participation and Associations with Psychological Well-Being and Decline in Cognitive Functioning” (Summer 2018)

Eun Ha Namkung, PhD, UW-Madison School of Social Work, “The Intergenerational Relationship in Families of an Adult Child with Disabilities: The Within- and Between-Family Differences and Implications for Parental Well-Being” (Spring 2018)

#### ***Outreach Teaching***

##### *Publications and Products*

Severs S, **Litzelman K**. Support for Caregivers [How-to sheet]. March 2019.

Canto A, **Litzelman K**, Rowe K, Zierl L, Park-Mroch J. UW-Extension colleagues participate in gathering to set agenda for WI Healthiest State Summit [Report]. January 2018.

**Litzelman K** and the members of the Health Task Force. Health Task Force Report [Report]. September 2017.

**Litzelman K**, Richie S, Schulz N. Embracing Aging in Wisconsin: UW-Extension Support [Impact Report]. September 2017. <https://flp.ces.uwex.edu/files/2017/09/aging-in-WI-impact-report-2017-FINAL.pdf>

**Litzelman K**, Taub A. Caregiving in Wisconsin [Infographic]. August 2017. <https://blogs.extension.wisc.edu/aging/files/2017/10/infographic-Brown-County-2017.pdf>

Richie S, **Litzelman K**, Crevier N, Cholewa J, Koenig R, Schultz N, Jensen J, Kniep C, and the members of the UW-Extension Creating Aging Friendly Communities Workgroup. Creating Aging Friendly Communities Facilitation Guide [Curriculum]. June 2017; Updated Summer 2019. <https://blogs.extension.wisc.edu/aging/tools/>

**Litzelman K.** Informal Caregiving May Be Stressful, But Offers Rewards [WisContext Article]. Published September 20, 2016. <http://www.wiscontext.org/informal-caregiving-may-be-stressful-offers-rewards>

### ***Presentations***

†=*Outreach-focused presentation for a general public or professional audience*

‡=*Presentation for Extension audience*

§=*Facilitated or moderated an educational opportunity for Extension audience*

†Rural Caregiving: Cultural Strengths, Geographic Challenges. UW Carbone Cancer Center 18th Annual Fall Cancer Conference: Advances in Multidisciplinary Cancer Care 2019, Madison, WI (November 1, 2019; INVITED).

†Resources Navigation for Wisconsin Caregivers: Findings from the 2019 Wisconsin Family and Caregiver Support Alliance Survey. Presented at the Annual WFACSA Caregiver Summit, Madison, WI (September 5, 2019).

†The Employed Caregiver Survey: A tool for understanding the scope and needs of employees with caregiving responsibilities. ARCH Respite Lifespan Respite Grantee and Partner Webinar (July 11, 2019; INVITED)

†Employed Caregiver Survey. Webinar presented to the Centers for Medicare & Medicaid Services (CMS) Caregiver Workgroup, Distance Learning (May 8, 2019; INVITED)

†Embracing Change: All of It. Workshop presented via Sustaining Active Independent Lives (SAIL), Madison, WI (April 30, 2019; INVITED)

‡Creating Aging-Friendly Communities. Webinar presented to the North Central Region Aging Network (April 5, 2019)

†Treating the “Invisible Patient”: Family Caregivers. Women’s Health Innovations Conference, Madison, WI (November 16, 2018; INVITED)

†Rethinking Aging: Embracing Change. Presented to Bayfield and Ashland Counties’ UW-Extension Week, Washburn, WI (October 11, 2018; INVITED)

†Embracing Change: All of It. Workshop presented via Sustaining Active Independent Lives (SAIL), Madison, WI (July 31, 2018; INVITED)

§Emerging Issues: The Village Movement for Older Adults (guest speaker Ann Albert). Coffee Break professional development series (May 4, 2018)

†Family Caregiver Well-being: Supporting the Other Kind of Caregiver. 7<sup>th</sup> Annual Interprofessional Health Summit, Madison, WI (April 21, 2018; INVITED)

§Emerging Issues: Creating Aging-Friendly Communities in Wisconsin (guest speakers Karen Dickrell and Sara Richie). Coffee Break professional development series (April 6, 2018).

§Emerging Issues: Connected Aging Communities (guest speaker Gail Huycke). Coffee Break professional development series (February 2, 2018)

‡Super Cool Tools: Aging Needs Survey Results. Coffee Break professional development series. Distance learning (January 5, 2018).

‡Super Cool Tools: Sightlines Project (Stanford Center on Longevity). Coffee Break professional development series (December 1, 2017).

†Treating the “Invisible Patient”: Family Caregivers. Women’s Health Innovations Conference, Madison, WI (November 17, 2017; INVITED)

‡Aging 101: Caregiving in Wisconsin. Coffee Break professional development series (November 3, 2017).

‡Emerging Issues: Older Adults and Food Stamps. Coffee Break professional development series (October 6, 2017).

†Surviving and Thriving as a Family Caregiver. Presented at the Green Lake HCE “Our Day” Conference, Green Lake, WI (October 3, 2017; INVITED).

‡Super Cool Tools: NIA’s Brain Health Resource. Coffee Break professional development series (September 8, 2017).

‡The Unveiling of the Creating Aging Communities Toolkit. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series (with Sara Richie), Madison, WI, (June 22, 2017).

‡Mobilizing WI Cooperative Extension for Building a Culture of Health. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series (with JulieAnn Stawicki and Nancy Crevier), Madison, WI, (May 25, 2017).

‡Publishing in Extension: A Conversation. Coffee Break professional development series (May 5, 2017).

‡Super Cool Communication Tools: FrameWorks Institute. Coffee Break professional development series (April 7, 2017).

‡Aging 101: Aging & Relationships, Coffee Break professional development series (March 3, 2017).

‡Aging 101: Aging & Health. Coffee Break professional development series (February 3,



2017).

‡Aging 101: Aging & Finances. Coffee Break professional development series. (January 6, 2017).

‡Aging 101: Ageism. Coffee Break professional development series (December 2, 2016).

‡Super Cool Tools: Older Americans 2016. Presented as part of the Coffee Break professional development series for Extension educators (November 6, 2016).

†Surviving and Thriving as a Family Caregiver. Presented at the Final Affairs Workshop, Polk and Burnett Counties, WI (October 22, 2016; INVITED).

‡Emerging Issues: Cultivating a different perception of stress. Presented as part of the Coffee Break professional development series for Extension educators (October 7, 2016)

‡Super Cool APL Tools: How and Why to Use Them. Presented as part of the Coffee Break professional development series for Extension educators (September 9, 2016).

‡Aging in Wisconsin. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series, Madison, WI, (May 26, 2016).

§Grandparents Raising Grandchildren, a discussion of resources and best practices. (May 24, 2016).

†Who Cares? Well-being in Sickness and in Health. Presented to Wednesday Night at the Lab, Madison, WI (April 6, 2016; INVITED).

‡State Specialist in Family and Financial Well-being in Middle and Later Life. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series, Madison, WI (January 28, 2016; INVITED).

‡Caregiving in Family and Financial Well-being. Presented to the UW-Extension Southwest Regional Meeting, Madison, WI (December 17, 2015; INVITED).

†Childhood cancer and the family: The importance of stress and family burden. 12th Annual Cancer Symposium – Cancer: Testing the Family Bond (October 18, 2013; INVITED).

†The Impact of childhood cancer on the family: Presentation to the Pediatric Hematology-Oncology Advisory Group (with Whitney Witt), University of Wisconsin Hospitals and Clinics/American Family Children's Hospital (October 26, 2010; INVITED).

### *Media*

Interviewed for a Daily Cardinal Article (published March 2018):

<http://www.dailycardinal.com/article/2018/03/caregivers-with-depression-slip-through-the-system>.

Guest on *Central Time* (Wisconsin Public Radio) to discuss depression and caregiving. February 19, 2018. Archived at: <https://www.wpr.org/depression-and-caregiving>

“Caregiver well-being affects cancer patients' care experience” - Study highlighted in the press by Reuters (September 1, 2016).  
<http://www.journalofclinicalpathways.com/news/caregiver-well-being-affects-cancer-patients-care-experience>

Guest on the *Larry Meiller Show* (Wisconsin Public Radio) to discuss caring for the caregiver. July 5, 2016. Archived at: <http://www.wpr.org/shows/caring-caregivers>

Cancer Prevention Fellowship Program Promotional Video  
<https://cpfp.cancer.gov/about-us/cfp-video>

“Spouses' Mood May Impact the Well-being of Cancer Survivors” - Study highlighted in the press by AACR, HealthDay, and Oncology Nursing News (June 1, 2015).  
[http://www.aacr.org/Newsroom/Pages/News-Release-Detail.aspx?ItemID=734#.VYBN42Oa\\_Es](http://www.aacr.org/Newsroom/Pages/News-Release-Detail.aspx?ItemID=734#.VYBN42Oa_Es)

## **SERVICE**

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### ***Public Service***

Member, Wisconsin Family and Caregiver Support Alliance, Madison, WI (2018-present)

Planning Committee, [Making Wisconsin the Healthiest State Summit](#). Agenda Setting Convening held October 31-November 1, 2017 in Madison, WI; Healthiest State Summit held September 20-21 in Green Bay, WI. (2017-2018)

### ***Professional Service***

Pilot Grant Reviewer, University of Wisconsin-Madison Institute for Clinical and Translational Research, Madison, WI (April 2018)

Advisory Group Member, Rural Geriatric Community Capacity Building Partnerships Grant Program, University of Wisconsin School of Nursing, Madison, WI (November 2017-January 2018)

Abstract Reviewer, National Health Outreach Conference (November 2017)

“Speed Mentor” for Students/New Professionals Workshop, National Council on Family Relations, Minneapolis, MN (November 2016)

Abstract Reviewer, American Public Health Association Aging & Public Health Program (March 2016)

Ad hoc Grant Reviewer, Network on Biobehavioral Pathways in Cancer, Washington, DC (March 2014)

*Editorial Service: Ad Hoc Reviewer*

Quality of Life Research (20)  
Psycho-Oncology (6)  
PLoS ONE (3)  
Supportive Care in Cancer (3)  
BMJ Open (2)  
Cancer (2)  
Health Science Reports (2)  
Journal of Epidemiology & Community Health (2)  
Journal of Psychosomatic Research (2)  
American Journal of Epidemiology (1)  
Cancer Causes & Control (1)  
Clinical Interventions in Aging (1)  
Clinical Psychology Review (1)  
European Journal of Public Health (1)  
Health & Social Care in the Community (1)  
Journal of Adolescent Health (1)  
Journal of Applied Biobehavioral Research (1)  
Journal of Cancer Survivorship (1)  
Journal of Neural Transmission (1)  
Patient Education and Counseling (1)  
Pediatrics (1)  
SAGE Open Medicine (1)  
Social Psychiatry and Psychiatric Epidemiology (1)  
Sociological Quarterly (1)  
Social Science & Medicine (1)  
Western Journal of Nursing Research (1)

*Academic Service*

University of Wisconsin-Madison, Madison, WI

Member, Palliative Care/Supportive Oncology Disease Oriented Team (2018-present)

School of Human Ecology, University of Wisconsin-Madison, Madison, WI

Leadership Team Member, Center for Child and Family Well-Being (2018-present)

Member, SoHE Extension Task Force. The task force was charged with integrating UW-Extension's mission into the SoHE strategic plans. (2017-2018)

Human Development & Family Studies, School of Human Ecology, University of Wisconsin-Madison, Madison, WI

Graduate Student Organization Faculty Advisor (2017-present)

Graduate Programming Committee (2015-present; Chair 2019-present)

Member, Faculty Search Committee (2018-2019)  
Representative, ad hoc Scholarship Committee (2016)

Division of Extension, University of Wisconsin-Madison, Madison, WI (formerly University of Wisconsin-Extension Cooperative Extension)

Member, Program Manager Search Committee (2019-present)  
Faculty Liaison to UW-Madison Institute for Clinical and Translational Research  
Community-Academic Partnerships (ICTR-CAP) (2017-present)  
Member, North Central Region Aging Network, Cooperative Extension (April 2016-present)  
Co-chair, Aging Workgroup (2015-present)  
Interim Chair, Healthy Living Team (2017-2018)  
Extension Health Task Force (2017)  
Statewide Advisory Committee Member, 'Reducing Rural Cancer Disparities Together' project (2015-2016)  
Advisory Committee Member, Rural Connected Aging Communities (2016)  
Conference planning committee member: Building our Capacity for a Healthier Wisconsin: From Concept to Practice (2016; Conference took place October 12-13, 2016)

Cancer Prevention Fellowship Program, National Cancer Institute, Washington, DC

Co-Chair, Career Development Seminar Series (2013-2015)  
Co-Chair, Fall Symposium Planning Committee (2014)

Department of Population Health Sciences, University of Wisconsin-Madison, Madison, WI

Student Representative, Admissions Committee (2011)  
President, Graduate Student Organization (elected) (2010)  
Co-coordinator, 9<sup>th</sup> Annual Departmental Poster Session (2010)  
Co-President, Graduate Student Organization (elected) (2009)