

10/11/2018

*Curriculum Vitae*

**KRISTIN LITZELMAN, PhD**

University of Wisconsin-Madison  
Human Development & Family Studies  
1300 Linden Drive  
Madison, WI 53706  
(608) 262-3314  
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**EDUCATION**

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PhD | University of Wisconsin-Madison | Department of Population Health Sciences | 2013  
Dissertation Title: *Caregiving in Wisconsin: Impact on Health, Quality of Life, and Aging*

BA | University of Illinois at Urbana-Champaign | Department of French | 2005

**POSITIONS**

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UNIVERSITY OF WISCONSIN-MADISON

School of Human Ecology

Department of Development and Family Studies

Assistant Professor

November 2015-Present

UNIVERSITY OF WISCONSIN-EXTENSION COOPERATIVE EXTENSION

Human Development and Relationships Institute/Family Living Programs

State Specialist in Family and Financial Well-being  
in Middle and Later Life

November 2015-Present

SOUTHERN NEW HAMPSHIRE UNIVERSITY

College of Continuing and Online Education

Adjunct Professor

August 2014-June 2015

NATIONAL CANCER INSTITUTE

Division of Cancer Prevention

Cancer Prevention Fellowship Program

Cancer Prevention Fellow

June 2013-October 2015

UNIVERSITY OF WISCONSIN, MADISON

School of Medicine and Public Health

Department of Population Health Sciences

Project Assistant

September 2009-June 2013

Teaching Assistant

Introduction to Life Course Epidemiology and Family Health Services Research (PHS 650-067)	Spring 2011
Introduction to Epidemiology (PHS 797)	Fall 2011
Principles of Population Health Sciences (PHS 795)	Fall 2010

Associate Research Specialist

June 2008-August 2009

## **PROFESSIONAL AFFILIATIONS**

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Life Course Research Network (LCRN)	2011-Present
Society of Behavioral Medicine	2017
International Society for Quality of Life Research	2014-2017
American Public Health Association (APHA)	2011-2016
National Council on Family Relations	2016
American Association on Health and Disability	2012-2013

## **HONORS AND AWARDS**

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Affiliate, UW Center for Demography of Health and Aging	2018-present
Member/Honorary Fellow, UW Carbone Cancer Center	2016-present
Affiliate, UW Center for Aging Research & Education (CARE)	2016-present
Member, UW Center for Child and Family Well-being	2016-present
Affiliate, UW Center for Financial Security	2016-present
Affiliate, UW MORE (Money + Relationships + Equity)	2016-present
NEAFCS “Excellence in Multi-State Collaboration” – 3 <sup>rd</sup> Place, regionally & nationally	2018
NCI Cancer Prevention Fellowship Program Merit Award Winner	2015
Sallie Rosen Kaplan Post-doctoral Fellowship for Women in Science	2014
Herman I. Shapiro Distinguished Graduate Fellow	2012
UW-Madison Graduate Student Peer Mentorship Award	2011
Rankin/Skatrud Lectureship Pre/Post-Doctoral Travel Stipend	2010
Chancellor’s Scholar (Campus Honors Program)	2001-2005
James Newton Matthews Scholarship Recipient	2001-2005

## **RESEARCH**

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<sup>^</sup> denotes work prior to position as assistant professor

### **Grants**

*Funded*

Meta Schroeder Beckner Endowment, “Covering Caregiving: Developing family caregiving how-to sheets to strengthen the family and the home”, Role: PI (\$14,810), April 2018-March 2019.

SoHE Internal Scholarship and Research Incentive Funding, “Community-Level Barriers to Mental Healthcare: An Exploratory Literature Review”, Role: PI (\$13,410), August 2018-December 2018.

North Central Regional Center for Rural Development, Multi-State Rural Development Research or Extension Projects Grant (PI: Yelland), Role: Co-Investigator (\$24,655), October 2017-September 2018

UW-Madison Baldwin Wisconsin Idea Endowment (Mini-Grant), “Assessing the need for and feasibility of a workshop to improve nursing home visit experiences”, Role: PI (\$4,000), July 2017-June 2018

American Cancer Society Institutional Research Grant, “Adequate depression treatment in spouses of cancer survivors: determinants, disparities, and outcomes”, Role: PI (\$30,000), January 2017-December 2018

UW-Madison WARF Fall Research Competition, “Adequate depression treatment in spouses of cancer survivors: determinants, disparities, and outcomes”, Role: PI (\$27,179), Summer 2017

^National Institute on Aging (NIH F31), “Caregiving in Wisconsin: Impact on Health, Quality of Life, and Aging” (F31 AG044073), Role: PI (\$26,013), September 2012-May 2013

*Peer-Reviewed Publications*

\*peer reviewed

†first author is student/mentee

1) \***Litzelman, K.**, Keller, A. O., Tevaarwerk, A., & DuBenske, L. (2018). Adequacy of depression treatment in spouses of cancer survivors: Findings from a nationally representative us survey. *Journal of General Internal Medicine*, 33(6), 869-876. doi:10.1007/s11606-018-4331-z. PMC5975149.

2) \***Litzelman, K.**, Kent, E. E., & Rowland, J. H. (2018). Interrelationships between health behaviors and coping strategies among informal caregivers of cancer survivors. *Health Education and Behavior*, 45(1), 90-100. doi:10.1177/1090198117705164. PMC5623644

3) \***Litzelman, K.**, Tesauro, G., & Ferrer, R. (2017). Internal resources among informal caregivers: Trajectories and associations with well-being. *Quality of Life Research*, 26(12), 3239-3250. doi:10.1007/s11136-017-1647-9. PMC5682238

- 4) \***Litzelman, K.**, Blanch-Hartigan, D., Lin, C. C., & Han, X. (2017). Correlates of the positive psychological byproducts of cancer: Role of family caregivers and informational support. *Palliative & Supportive Care*, 15(6), 693-703. doi:10.1017/S1478951517000050. PMC5682238.
- 5) \*Mollica, M. A., **Litzelman, K.**, Rowland, J. H., & Kent, E. E. (2017). The role of medical/nursing skills training in caregiver confidence and burden: A CanCORS study. *Cancer*, 123(22), 4481-4487. doi:10.1002/cncr.30875. PMC5673528.
- 6) \*de Moor, J. S., Dowling, E. C., Ekwueme, D. U., Guy, G. P., Jr., Rodriguez, J., Virgo, K. S., Han, X., Kent, E. E., Li, C., **Litzelman, K.**, McNeel, T. S., Liu, B., & Yabroff, K. R. (2017). Employment implications of informal cancer caregiving. *Journal of Cancer Survivorship*, 11(1), 48-57. doi:10.1007/s11764-016-0560-5. PMC5239760.
- 7) \*Litzelman, K., Kent, E. E., Mollica, M., & Rowland, J. H. (2016). How does caregiver well-being relate to perceived quality of care in patients with cancer? Exploring associations and pathways. *Journal of Clinical Oncology*, 34(29), 3554-3561. doi:10.1200/JCO.2016.67.3434. PMC5074348.
- 8) \*Kent, E. E., Rowland, J. H., Northouse, L., **Litzelman, K.**, Chou, W. Y., Shelburne, N., Timura, C., O'Mara, A., & Huss, K. (2016). Caring for caregivers and patients: Research and clinical priorities for informal cancer caregiving. *Cancer*, 122(13), 1987-1995. doi:10.1002/cncr.29939. PMC5597246.
- 9) \***Litzelman, K.**, Kent, E. E., & Rowland, J. H. (2016). Social factors in informal cancer caregivers: The interrelationships among social stressors, relationship quality, and family functioning in the cancers data set. *Cancer*, 122(2), 278-286. doi:10.1002/cncr.29741. PMC4707985.
- 10) \*Cheng, E. R., Park, H., Wisk, L. E., Mandell, K. C., Wakeel, F., **Litzelman, K.**, Chatterjee, D., & Witt, W. P. (2016). Examining the link between women's exposure to stressful life events prior to conception and infant and toddler health: The role of birth weight. *Journal of Epidemiology and Community Health*, 70(3), 245-252. doi:10.1136/jech-2015-205848. PMC4752871.
- 11) \***Litzelman, K.**, Green, P. A., & Yabroff, K. R. (2016). Cancer and quality of life in spousal dyads: Spillover in couples with and without cancer-related health problems. *Supportive Care in Cancer*, 24(2), 763-771. doi:10.1007/s00520-015-2840-4. PMC4690790.
- 12) ^\***Litzelman, K.**, & Yabroff, K. R. (2015). How are spousal depressed mood, distress, and quality of life associated with risk of depressed mood in cancer survivors? Longitudinal findings from a national sample. *Cancer Epidemiology, Biomarkers and Prevention*, 24(6), 969-977. doi:10.1158/1055-9965.EPI-14-1420. PMC4453017.

- 13) ^\***Litzelman, K.**, Skinner, H. G., Gangnon, R. E., Nieto, F. J., Malecki, K., & Witt, W. P. (2015). The relationship among caregiving characteristics, caregiver strain, and health-related quality of life: Evidence from the Survey of the Health of Wisconsin. *Quality of Life Research*, 24(6), 1397-1406. doi:10.1007/s11136-014-0874-6. PMC4446250.
- 14) ^\*Boardman, L. A., Skinner, H. G., & **Litzelman, K.** (2014). Telomere length varies by DNA extraction method: Implications for epidemiologic research--Response. *Cancer Epidemiology, Biomarkers and Prevention*, 23(6), 1131. doi:10.1158/1055-9965.EPI-14-0234. PMC4049326.
- 15) ^\***Litzelman, K.**, Witt, W. P., Gangnon, R. E., Nieto, F. J., Engelman, C. D., Mailick, M. R., & Skinner, H. G. (2014). Association between informal caregiving and cellular aging in the Survey of the Health of Wisconsin: The role of caregiving characteristics, stress, and strain. *American Journal of Epidemiology*, 179(11), 1340-1352. doi:10.1093/aje/kwu066. PMC4036217.
- 16) ^\*Boardman, L. A., **Litzelman, K.**, Seo, S., Johnson, R. A., Vanderboom, R. J., Kimmel, G. W., Cunningham, J. M., Gangnon, R. E., Engelman, C. D., Riegert-Johnson, D. L., Potter, J., Haile, R., Buchanan, D., Jenkins, M. A., Rider, D. N., Thibodeau, S. N., Petersen, G. M., & Skinner, H. G. (2014). The association of telomere length with colorectal cancer differs by the age of cancer onset. *Clin Transl Gastroenterol*, 5, e52. doi:10.1038/ctg.2014.3. PMC3972691.
- 17) ^\*Witt, W. P., Cheng, E. R., Wisk, L. E., **Litzelman, K.**, Chatterjee, D., Mandell, K., & Wakeel, F. (2014). Maternal stressful life events prior to conception and the impact on infant birth weight in the united states. *American Journal of Public Health*, 104 Suppl 1, S81-89. doi:10.2105/AJPH.2013.301544. PMC3975462.
- 18) ^\*Witt, W. P., Cheng, E. R., Wisk, L. E., **Litzelman, K.**, Chatterjee, D., Mandell, K., & Wakeel, F. (2014). Preterm birth in the united states: The impact of stressful life events prior to conception and maternal age. *American Journal of Public Health*, 104 Suppl 1, S73-80. doi:10.2105/AJPH.2013.301688. PMC3975455.
- 19) ^\***Litzelman, K.**, Skinner, H. G., Gangnon, R. E., Nieto, F. J., Malecki, K., & Witt, W. P. (2014). Role of global stress in the health-related quality of life of caregivers: Evidence from the Survey of the Health of Wisconsin. *Quality of Life Research*, 23(5), 1569-1578. doi:10.1007/s11136-013-0598-z. PMC4032607.
- 20) ^\*Boardman, L. A., Johnson, R. A., Viker, K. B., Hafner, K. A., Jenkins, R. B., Riegert-Johnson, D. L., Smyrk, T. C., **Litzelman, K.**, Seo, S., Gangnon, R. E., Engelman, C. D., Rider, D. N., Vanderboom, R. J., Thibodeau, S. N., Petersen, G. M., & Skinner, H. G. (2013). Correlation of chromosomal instability, telomere length and telomere maintenance in microsatellite stable rectal cancer: A molecular subclass of rectal cancer. *PloS One*, 8(11), e80015. doi:10.1371/journal.pone.0080015. PMC3836975.

- 21) ^\*Basu, N., Skinner, H. G., **Litzelman, K.**, Vanderboom, R., Baichoo, E., & Boardman, L. A. (2013). Telomeres and telomere dynamics: Relevance to cancers of the GI tract. *Expert Review of Gastroenterology & Hepatology*, 7(8), 733-748. doi:10.1586/17474124.2013.848790. PMC3892561.
- 22) ^\*Creswell, P. D., Wisk, L. E., **Litzelman, K.**, Allchin, A., & Witt, W. P. (2014). Parental depressive symptoms and childhood cancer: The importance of financial difficulties. *Supportive Care in Cancer*, 22(2), 503-511. doi:10.1007/s00520-013-2003-4. PMC3947298.
- 23) ^\*Cunningham, J. M., Johnson, R. A., **Litzelman, K.**, Skinner, H. G., Seo, S., Engelman, C. D., Vanderboom, R. J., Kimmel, G. W., Gangnon, R. E., Riegert-Johnson, D. L., Baron, J. A., Potter, J. D., Haile, R., Buchanan, D. D., Jenkins, M. A., Rider, D. N., Thibodeau, S. N., Petersen, G. M., & Boardman, L. A. (2013). Telomere length varies by DNA extraction method: Implications for epidemiologic research. *Cancer Epidemiology, Biomarkers and Prevention*, 22(11), 2047-2054. doi:10.1158/1055-9965.EPI-13-0409. PMC3827976.
- 24) ^\*Witt, W. P., **Litzelman, K.**, Cheng, E. R., Wakeel, F., & Barker, E. S. (2014). Measuring stress before and during pregnancy: A review of population-based studies of obstetric outcomes. *Maternal and Child Health Journal*, 18(1), 52-63. doi:10.1007/s10995-013-1233-x. PMC3715581.
- 25) ^\*†Pollock, E. A., **Litzelman, K.**, Wisk, L. E., & Witt, W. P. (2013). Correlates of physiological and psychological stress among parents of childhood cancer and brain tumor survivors. *Academic Pediatrics*, 13(2), 105-112. doi:10.1016/j.acap.2012.11.005. PMC3602206.
- 26) ^\*Skinner, H. G., Gangnon, R. E., **Litzelman, K.**, Johnson, R. A., Chari, S. T., Petersen, G. M., & Boardman, L. A. (2012). Telomere length and pancreatic cancer: A case-control study. *Cancer Epidemiology, Biomarkers and Prevention*, 21(11), 2095-2100. doi:10.1158/1055-9965.EPI-12-0671. PMC3493789.
- 27) ^\***Litzelman, K.**, Barker, E., Catrine, K., Puccetti, D., Possin, P., & Witt, W. P. (2013). Socioeconomic disparities in the quality of life in children with cancer or brain tumors: The mediating role of family factors. *Psycho-Oncology*, 22(5), 1081-1088. doi:10.1002/pon.3113. PMC3470741.
- 28) ^\*Keller, A., **Litzelman, K.**, Wisk, L. E., Maddox, T., Cheng, E. R., Creswell, P. D., & Witt, W. P. (2012). Does the perception that stress affects health matter? The association with health and mortality. *Health Psychology*, 31(5), 677-684. doi:10.1037/a0026743. PMC3374921.
- 29) ^\*Witt, W. P., **Litzelman, K.**, Spear, H. A., Wisk, L. E., Levin, N., McManus, B. M., & Palta, M. (2012). Health-related quality of life of mothers of very low birth weight children at the age of five: Results from the newborn lung project statewide cohort study. *Quality of Life Research*, 21(9), 1565-1576. doi:10.1007/s11136-011-0069-3. PMC3390448.

- 30) ^\*Witt, W. P., **Litzelman, K.**, Mandic, C. G., Wisk, L. E., Hampton, J. M., Creswell, P. D., Gottlieb, C. A., & Gangnon, R. E. (2011). Healthcare-related financial burden among families in the U.S.: The role of childhood activity limitations and income. *Journal of Family and Economic Issues*, 32(2), 308-326. doi:10.1007/s10834-011-9253-4. PMC3088430.
- 31) Witt, W. P., Keller, A., Gottlieb, C., Litzelman, K., Hampton, J., Maguire, J., & Hagen, E. W. (2011). Access to adequate outpatient depression care for mothers in the USA: A nationally representative population-based study. *Journal of Behavioral Health Services and Research*, 38(2), 191-204. doi:10.1007/s11414-009-9194-y. Erratum in: J Behav Health Serv Res. 2015 Jul;42(3):409-10. PMC2978800.
- 32) ^\***Litzelman, K.**, Catrine, K., Gangnon, R., & Witt, W. P. (2011). Quality of life among parents of children with cancer or brain tumors: The impact of child characteristics and parental psychosocial factors. *Quality of Life Research*, 20(8), 1261-1269. doi:10.1007/s11136-011-9854-2. PMC3121891.
- 33) ^\*Skinner, H. G., **Litzelman, K.**, & Schwartz, G. G. (2010). Recent clinical trials of vitamin d3 supplementation and serum calcium levels in humans: Implications for vitamin d-based chemoprevention. *Current Opinion in Investigational Drugs*, 11(6), 678-687. doi:10.1007/s11136-010-9666-9.
- 34) ^\*Witt, W. P., **Litzelman, K.**, Wisk, L. E., Spear, H. A., Catrine, K., Levin, N., & Gottlieb, C. A. (2010). Stress-mediated quality of life outcomes in parents of childhood cancer and brain tumor survivors: A case-control study. *Quality of Life Research*, 19(7), 995-1005. doi:10.1007/s11136-010-9666-9. PMC3057223.
- 35) ^\*Witt, W. P., Gottlieb, C. A., Hampton, J., & **Litzelman, K.** (2009). The impact of childhood activity limitations on parental health, mental health, and workdays lost in the united states. *Academic Pediatrics*, 9(4), 263-269. doi:10.1016/j.acap.2009.02.008. PMC2743933.

### **Book Chapters**

**Litzelman K.** Cancer Caregiving Across the Lifespan. In Applebaum A (ed.) *Cancer Caregivers*. (forthcoming).

^**Litzelman K** and Verma M. Epigenetic regulation of biopsychosocial pathways in cancer. In: *Cancer Epidemiology: Methods and Protocols, Methods in Molecular Biology*. Eds: Dumitrescu RG and Verma M. Springer. 2015.

**Scholarly Presentations**

*†first author is student/mentee*

**Litzelman K**, Harnish A. Caregiver resource eligibility: Examining predictors and consequences of eligibility for financial support resources. Submitted to Society of Behavioral Medicine (March 6-9, 2018).

**Litzelman K**, DuBenske L. Social resource use among informal lung cancer caregivers: predictors and trajectories in the first year. Submitted to Society of Behavioral Medicine (March 6-9, 2018).

Yelland E, Bates J, Benson J, **Litzelman K**. Aging-Related Priorities in the North Central Region: A Needs Assessment. Oral presentation at the annual meeting of the National Council on Family Relations. Orlando, FL (November 17, 2017).

**Litzelman K**, Keller AO, DuBenske L, Tevaarwerk A. Caregiver depression and patient-reported outcomes: Embracing complexity through understanding patient-co-survivor dynamics. Oral presentation at the annual meeting of the International Society for Quality of Life Research. Philadelphia, PA (October 21, 2017).

Mollica M, **Litzelman K**, Rowland JH, Kent EE. Does training reduce burden and improve confidence for cancer caregivers? An analysis from the CanCORS Study. Poster presentation at the annual meeting of the Oncology Nursing Society. Denver, CO (May 10, 2017)

Members of the North Central Region Aging Network (including **Litzelman K**). Exploration of Aging in the National Framework for Health and Wellness: The Educator's View". National Health Outreach Conference. Annapolis, MD (May 4, 2017).

†Woldt A (**Litzelman K**, mentor). Trajectories of Support Activities of Informal Lung Cancer Caregivers. UW-Madison 2017 Undergraduate Research Symposium. Madison, WI (April 13, 2017).

**Litzelman K** and Keller AO. Do spousal cancer caregivers receive adequate depression treatment? Evidence from a population-based study. Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine. San Diego, CA (March 30, 2017).

**Litzelman K**. Informal Cancer Caregivers & Patient Reported outcomes: Zooming in and Zooming out. Invited talk as part of the symposium on Caring for All Ages: A Lifecourse Perspective on Cancer Caregiving. Presented at the annual meeting of the American Psychosocial Oncology Society. Orlando, FL (February 16-18, 2017; INVITED)

**Litzelman K**, Tesauro G, Ferrer R. Increasing internal resources over time is linked to better emotional health and life satisfaction in informal caregivers. Poster presentation at the 28th Annual Colloquium on Aging (September 27, 2016).



**Litzelman K**, Kent EE, Mollica M, Rowland JH. How does caregiver well-being relate to perceived quality of care in cancer patients? Exploring associations and pathways. Poster presentation to the 2016 Biennial Cancer Survivorship Conference, Washington, DC (June 2016).

^Kent EE, **Litzelman K**, Rowland JH. Correlates of and interrelationships among social stressors, relationship quality, and family functioning among informal cancer caregivers. Poster presentation to the 2015 Palliative Care in Oncology Symposium, Boston, MA (October 2015).

^Kent EE, **Litzelman K**, Rowland JH. Health behaviors and coping among informal caregivers of lung and colorectal cancer survivors: Distribution and interrelationships. Poster presentation to the 2015 Palliative Care in Oncology Symposium, Boston, MA (October 2015).

^**Litzelman K**. All in the Family: Stress and Well-being in Sickness and in Health. Presented to the University of Wisconsin-Madison, School of Human Ecology, Department of Human Development and Family Studies, Madison, WI (December 10, 2014; INVITED)

^**Litzelman K**, Hartigan D, Lin A, Han X. Correlates of positive psychological responses in cancer survivors. Oral presentation to the American Public Health Association Annual Meeting, New Orleans, LA (November 2014).

^**Litzelman K**, Yabroff R, McDonald P. Depression among cancer survivors: Impact of spousal depression, distress, and quality of life. Poster presentation to the American Public Health Association Annual Meeting, New Orleans, LA (November 2014).

^**Litzelman K**, Yabroff R, McDonald P. Quality of life spillover among spouses differs among couples with and without a cancer diagnosis. Oral presentation to the International Society of Quality of Life (ISOQOL) Annual Meeting, Berlin, Germany (October 2014).

^Basu N, Johnson R, Shi Q, Nelson G, Cunningham J, Goldberg R, Sinicrope F, Sargent DJ, Alberts S, Petersen G, Thibodeau S, Skinner H, **Litzelman K**, Seo S, Vanderboom R, Gangnon R, Engelman C, Rider D, Boardman L. Telomeres and survival in stage III colon cancers: findings from NCCTG N0147 (Alliance) study. Poster presented to the American Association of Clinical Research, San Diego, CA (April 9, 2014).

^**Litzelman K**, Witt WP, Gangnon RE, Nieto FJ, Engelman CD, Mailick MR, Skinner HG. Association between Informal Caregiving and Telomere Length in a Population-Based Sample: The Role of Caregiving Characteristics, Stress, and Strain. Poster presented to the American Society of Preventive Oncology Annual Meeting, Washington, DC (March 2014).

^Witt WP, Wisk LE, **Litzelman K**, and Gangnon R. Stress, immune function, and aging among parents of children with and without cancer or brain tumors. Poster Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Wisk LE, **Litzelman K**, and Gangnon R. Stress, immune function, and aging among parents of children with and without cancer or brain tumors. Platform Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Cheng ER, Wisk LE, **Litzelman K**, Chatterjee D, Mandell K, and Wakeel F. Preterm birth in the US: The importance of preconception stressful life events and pregnancy-related determinants. Platform Presentation at the 2013 Annual Research Meeting of American Public Health Association, Boston, MA (November 2-6, 2013).

^Witt WP, Cheng ER, Wisk LE, **Litzelman K**, Chatterjee D, Mandell K, and Wakeel F. Preconception stressful life events predict low infant birthweight among women in the United States. Platform Presentation at the 2013 Annual Research Meeting of the American Public Health Association, Boston, MA (November 2-6, 2013).

^Boardman L, **Litzelman K**, Johnson R, Devine M, Firl R, Johnson A, Vincent M, Cunningham C, Seo S, Gangnon R, Rider D, Petersen G, Thibodeau S, Skinner H. Relative telomere length differs according to DNA extraction method. Poster presentation at the Annual Meeting of the American Society of Human Genetics, San Francisco, CA (Nov 6-10, 2012).

^**Litzelman K**, Skinner H, Gangnon R, Nieto FJ, Witt W. Impact of caregiving on stress and health: Data from the Survey of the Health of Wisconsin (SHOW). Poster presentation at the 2012 Annual Research Meeting of American Public Health Association, San Francisco, CA (October 27-31, 2012).

^Creswell PD, Wisk LE, **Litzelman K**, and Witt WP. Parental Depressive Symptoms and Childhood Cancer: The Importance of Financial Difficulties and Social Support. Poster presentation at the 2012 Annual Research Meeting of AcademyHealth, Orlando, FL. (June 24-26, 2012).

^**Litzelman K**, Barker E, Catrine K, Puccetti D, Possin P, Witt WP. Socioeconomic status and quality of life in children with cancer or brain tumors: The mediating role of family factors. Oral presentation at the 15<sup>th</sup> International Symposium on Pediatric Neuro-Oncology, Toronto, Canada (June 24-27, 2012).

^**Litzelman K**, Barker E, Catrine K, Puccetti D, Possin P Witt WP. Quality of life in children with cancer or brain tumors: Socioeconomic disparities and the mediating role of family factors. Poster Presentation at the 12th International Conference on Long-Term Complications of Treatment of Children and Adolescents for Cancer, Williamsburg, VA. (June 8-9, 2012).

^Skinner H, **Litzelman K**, Engelman C, Gangnon R, Johnson R, Cunningham J, Rider D, Thibodeau S, Petersen G, Boardman L. Telomere length, telomere maintenance genes, and family history of colorectal cancer. Poster presentation at the American Society of Preventive Oncology 2012 Annual Meeting, Washington DC. (March 3-6, 2012). *\*\*Winner of Best Poster Award.*

^**Litzelman K**, Catrine K, Puccetti D, Possin P Witt WP. Quality of Life among Children with and without Cancer: The Role of Socioeconomic and Family Factors. Platform presentation at the 2011 Annual Research Meeting of American Public Health Association, Washington DC. (October 29-November 2, 2011).

^Washechek-Aletto JR, Opyrchal SML, Devine MM, Viker KB, Johnson RA, Skinner HG, Seo S, Gangnon R, **Litzelman K**, Engelman C, Thibodeau SN, Petersen GM, Cunningham JM, Boardman LA. Can telomere length be modified in healthy people? Poster Presentation at the 2011 American Association of Cancer Research International Conference on Frontiers in Cancer Prevention Research (October 22-25, 2011).

^**Litzelman K**, Catrine K, Puccetti D, Possin P Witt WP. Parent and Family-Level Correlates of Health-Related Quality of Life in Children with and without Cancer or Brain Tumors. Poster presentation at the 2011 Pediatric Academic Societies' Meeting in Denver, CO (April 30-May 3, 2011).

^Boardman LA, Johnson RA, Seo S, **Litzelman K**, Gangnon R, Engelman C, Rieger-Johnson D, Petersen GM, Skinner H. Constitutional telomere length correlates with colorectal cancer (CRC), but varies by age of cancer onset. Poster presentation at the 2011 Annual Meeting of the American Association of Cancer Research (April 2-6, 2011).

^Witt WP, Spear H, Levin N, **Litzelman K**, and Wisk L. Effects of behavior problems in very low birth weight children on stress and the health-related quality of life of their parents: an ancillary study to the Newborn Lung Project Statewide Cohort Study in Wisconsin. Oral presentation at the 2010 Annual Research Meeting of American Public Health Association (November 6-10, 2010).

^Boardman LA, Johnson RA, Seo S, **Litzelman K**, Gangnon R, Skinner H, Engelman C, Riegert-Johnson D, Petersen GM. Long constitutional telomere length and colorectal cancer. Poster presentation at the American Association of Cancer Research Biology to Therapy Meeting (October 27-30, 2010).

^Witt WP, **Litzelman K**, Mandic CG, Wisk L, Hampton J, and Gottlieb C. The Impact of Childhood Activity Limitations on Child and Family-Level Healthcare Related Financial Burden in the US. Oral presentation at the 2010 Annual Research Meeting of AcademyHealth (June 27-29, 2010).

^Witt WP, **Litzelman K**, Wisk L, Spear H, Catrine K, Levin N, and Gottlieb CA. The Mediating Effect of Stress on Caregiver Status and Quality of Life in Parents of Children with Cancer and Community Controls. Poster presentation at the 2010 Pediatric Academic Societies' Meeting in Vancouver, Canada (May 1-4, 2010).

^**Litzelman K**, Catrine K, and Witt WP. Quality of Life in Parents of Children with Cancer or Brain Tumors: The Role of Child Clinical Characteristics and Parental Psychosocial

Factors. Poster presentation at the 2010 Pediatric Academic Societies' Meeting in Vancouver, Canada (May 1-4, 2010).

^Witt WP, Keller A, Gottlieb, C, **Litzelman K**, Hampton J, and Hagen EW. Access to Adequate Outpatient Depression Care for Mothers in the US: A Nationally Representative Population-Based Study. Poster presentation at the 2009 Annual Research Meeting of AcademyHealth (June 28-30, 2009).

## **TEACHING**

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### *Courses*

UW-MADISON

School of Human Ecology

Theories and Perspectives in Human Ecology (Inter-HE 801)

Fall 2017 and 2018

SOUTHERN NEW HAMPSHIRE UNIVERSITY

College of Continuing and Online Education

Foundations in Statistics (SCS 501)

Fall 2014-Summer 2015

### *Guest Lectures*

UW-MADISON

Proseminar - Engaged Scholarship (CSCS 801)

Fall 2016

Human Genetics Seminar (Medical Genetics 993)

Department of Genetics, University of Wisconsin, Madison (core genetic counseling course)

The Effect of Illness on the Family Spring 2011

The Impact of Childhood Activity Limitations

Spring 2010

Principles of Population Health Sciences (PHS 795)

Department of Population Health Sciences, University of Wisconsin, Madison

Cells to Society Approach to Population Health

Fall 2010

### *Mentoring*

*MS thesis/PhD Dissertation Committees*

(\* denotes chair)

### Current

Penny Black, PhD Student, Department of Population Health Sciences (Thesis title TBD)

Patricia Egan, PhD Candidate, Department of Social Work, “Perspective taking by dementia family caregivers: Exploring how proxy reporters assess quality of life in dementia”

\*Autumn Harnish, MS Student, Department of Human Development and Family Studies (Thesis title TBD)

Jennifer Putney, MS Student, Department of Human Development and Family Studies (Thesis title TBD)

#### Former/Completed

\*Albert Burgess-Hull, PhD, Department of Human Development and Family Studies, “Examining the Dynamic Spread of Marijuana Use in a Social Network with Community Structure” (Summer 2018)

Iulia Mihaila, PhD, Department of Human Development and Family Studies, “Understanding Healthy Aging in Middle-Aged Adults with Down Syndrome Through Leisure Activity: An Examination of Level of Participation and Associations with Psychological Well-Being and Decline in Cognitive Functioning” (Summer 2018)

Eun Ha Namkung, PhD, UW-Madison School of Social Work, “The Intergenerational Relationship in Families of an Adult Child with Disabilities: The Within- and Between-Family Differences and Implications for Parental Well-Being” (Spring 2018)

#### *Graduate Student Project or Research Assistantships*

Autumn Harnish, Department of Human Development and Family Studies (Fall 2017-present)

Sarah Loring, PhD student, School of Nursing (Fall 2017)

Amy Taub, PhD Candidate, Department of Human Development & Family Studies (2016-2017)

#### *Independent and Guided Study Courses*

Allison Woldt, undergraduate, Department of Human Development and Family, Independent study/Undergraduate research symposium mentor (Fall 2016-Spring 2017)

#### ***Outreach Teaching***

#### *Publications and Products*

Severs S, **Litzelman K**. Support for Caregivers [How-to sheet]. In process.

Canto A, **Litzelman K**, Rowe K, Zierl L, Park-Mroch J. Report: UW-Extension colleagues participate in gathering to set agenda for WI Healthiest State Summit [Report]. January 2018.

**Litzelman K** and the members of the Health Task Force. Health Task Force Report [Report]. September 2017.

**Litzelman K**, Richie S, Schulz N. Embracing Aging in Wisconsin: UW-Extension Support [Impact Report]. September 2017. <https://flp.ces.uwex.edu/files/2017/09/aging-in-WI-impact-report-2017-FINAL.pdf>

**Litzelman K**, Taub A. Caregiving in Wisconsin [Infographic]. August 2017. <https://blogs.ces.uwex.edu/aging/files/2017/10/infographic-Brown-County-2017.pdf>

**Litzelman K**. Informal Caregiving May Be Stressful, But Offers Rewards [WisContext Article]. Published September 20, 2016. <http://www.wiscontext.org/informal-caregiving-may-be-stressful-offers-rewards>

Richie S, **Litzelman K**, Crevier N, Cholewa J, Koenig R, Schultz N, Jensen J, Kniep C, and the members of the UW-Extension Creating Aging Friendly Communities Workgroup. Creating Aging Friendly Communities Facilitation Guide [Curriculum]. June 2017. <https://blogs.ces.uwex.edu/aging/tools/>

### ***Presentations***

†=*Outreach-focused presentation for a general public or professional audience*

‡=*Presentation for Extension audience*

§=*Facilitated or moderated an educational opportunity for Extension audience*

†Treating the “Invisible Patient”: Family Caregivers. Women’s Health Innovations Conference, Madison, WI (November 16, 2018; INVITED)

†Rethinking Aging: Embracing Change. To be presented to Bayfield and Ashland Counties’ UW-Extension Week, Washburn, WI (October 11, 2018; INVITED)

†Embracing Change: All of It. Workshop presented via Sustaining Active Independent Lives (SAIL), Madison, WI (July 31, 2018; INVITED)

§Emerging Issues: The Village Movement for Older Adults (guest speaker Ann Albert). Coffee Break professional development series (May 4, 2018)

†Family Caregiver Well-being: Supporting the Other Kind of Caregiver. 7<sup>th</sup> Annual Interprofessional Health Summit, Madison, WI (April 21, 2018; INVITED)

§Emerging Issues: Creating Aging-Friendly Communities in Wisconsin (guest speakers Karen Dickrell and Sara Richie). Coffee Break professional development series (April 6, 2018).

§Emerging Issues: Connected Aging Communities (guest speaker Gail Huycke). Coffee Break professional development series (February 2, 2018)

‡Super Cool Tools: Aging Needs Survey Results. Coffee Break professional development series. Distance learning (January 1, 2018).

‡Super Cool Tools: Sightlines Project (Stanford Center on Longevity). Coffee Break professional development series (December 1, 2017).

†Treating the “Invisible Patient”: Family Caregivers. Women’s Health Innovations Conference, Madison, WI (November 17, 2017; INVITED)

‡Emerging Issues: Older Adults and Food Stamps. Coffee Break professional development series (October 6, 2017).

†Surviving and Thriving as a Family Caregiver. Presented at the Green Lake HCE “Our Day” Conference, Green Lake, WI (October 3, 2017; INVITED).

‡Super Cool Tools: NIA’s Brain Health Resource. Coffee Break professional development series (September 8, 2017).

‡The Unveiling of the Creating Aging Communities Toolkit. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series (with Sara Richie), Madison, WI, (June 22, 2017).

‡Mobilizing WI Cooperative Extension for Building a Culture of Health. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series (with JulieAnn Stawicki and Nancy Crevier), Madison, WI, (May 25, 2017).

‡Publishing in Extension: A Conversation. Coffee Break professional development series (May 5, 2017).

‡Super Cool Communication Tools: FrameWorks Institute. Coffee Break professional development series (April 7, 2017).

‡Aging 101: Aging & Relationships, Coffee Break professional development series (March 3, 2017).

‡Aging 101: Aging & Health. Coffee Break professional development series (February 3, 2017).

‡Aging 101: Aging & Finances. Coffee Break professional development series. (January 6, 2017).

‡Aging 101: Ageism. Coffee Break professional development series (December 2, 2016).

‡Super Cool Tools: Older Americans 2016. Presented as part of the Coffee Break professional development series for Extension educators (November 6, 2016).

†Surviving and Thriving as a Family Caregiver. Presented at the Final Affairs Workshop, Polk and Burnett Counties, WI (October 22, 2016; INVITED).

‡Emerging Issues: Cultivating a different perception of stress. Presented as part of the Coffee Break professional development series for Extension educators (October 7, 2016)

‡Super Cool APL Tools: How and Why to Use Them. Presented as part of the Coffee Break professional development series for Extension educators (September 9, 2016).

‡Aging in Wisconsin. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series, Madison, WI, (May 26, 2016).

§Grandparents Raising Grandchildren, a discussion of resources and best practices. (May 24, 2016).

†Who Cares? Well-being in Sickness and in Health. Presented to Wednesday Night at the Lab, Madison, WI (April 6, 2016; INVITED).

‡State Specialist in Family and Financial Well-being in Middle and Later Life. Presented at the UW-Extension 4<sup>th</sup> Thursday Seminar Series, Madison, WI (January 28, 2016; INVITED).

‡Caregiving in Family and Financial Well-being. Presented to the UW-Extension Southwest Regional Meeting, Madison, WI (December 17, 2015; INVITED).

†Childhood cancer and the family: The importance of stress and family burden. 12th Annual Cancer Symposium – Cancer: Testing the Family Bond (October 18, 2013; INVITED).

†The Impact of childhood cancer on the family: Presentation to the Pediatric Hematology-Oncology Advisory Group (with Whitney Witt), University of Wisconsin Hospitals and Clinics/American Family Children's Hospital (October 26, 2010; INVITED).

### *Media*

Interviewed for a Daily Cardinal Article (published March 2018):

<http://www.dailycardinal.com/article/2018/03/caregivers-with-depression-slip-through-the-system>.

Guest on *Central Time* (Wisconsin Public Radio) to discuss depression and caregiving. February 19, 2018. Archived at: <https://www.wpr.org/depression-and-caregiving>

“Caregiver well-being affects cancer patients' care experience” - Study highlighted in the press by Reuters (September 1, 2016).

<http://www.journalofclinicalpathways.com/news/caregiver-well-being-affects-cancer-patients-care-experience>



Guest on the *Larry Meiller Show* (Wisconsin Public Radio) to discuss caring for the caregiver. July 5, 2016. Archived at: <http://www.wpr.org/shows/caring-caregivers>

Cancer Prevention Fellowship Program Promotional Video  
<https://cpfp.cancer.gov/about-us/cfp-video>

“Spouses' Mood May Impact the Well-being of Cancer Survivors” - Study highlighted in the press by AACR, HealthDay, and Oncology Nursing News (June 1, 2015).  
[http://www.aacr.org/Newsroom/Pages/News-Release-Detail.aspx?ItemID=734#.VYBN42Oa\\_Es](http://www.aacr.org/Newsroom/Pages/News-Release-Detail.aspx?ItemID=734#.VYBN42Oa_Es)

## **SERVICE**

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### ***Public Service***

Member, Wisconsin Family and Caregiver Support Alliance (2018-present)

Planning Committee, Making Wisconsin the Healthiest State Summit (2017-present)

Guest on the Larry Meiller Show (Wisconsin Public Radio) to discuss caring for the caregiver. (July 5, 2016). Archived at: <http://www.wpr.org/shows/caring-caregivers>

### ***Professional Service***

Member, North Central Region Aging Network, Cooperative Extension (April 2016-present)

Pilot Grant Reviewer, UW-Madison Institute for Clinical and Translational Research (Spring 2018)

Advisory Group Member, Rural Geriatric Community Capacity Building Partnerships Grant Program (November 2017-January 2018)

Abstract Reviewer, National Health Outreach Conference (November 2017)

“Speed Mentor” for Students/New Professionals Workshop, National Council on Family Relations (November 2016)

Abstract Reviewer, American Public Health Association Aging & Public Health Program (March 2016)

Ad hoc Grant Reviewer, Network on Biobehavioral Pathways in Cancer (March 2014)

*Editorial Service: Ad Hoc Reviewer*

Quality of Life Research (20)  
Psychooncology (4)  
Supportive Care in Cancer (3)  
Journal of Epidemiology & Community Health (2)  
Health Science Reports (2)  
PLoS ONE (2)  
American Journal of Epidemiology (1)  
Cancer (1)  
Clinical Psychology Review (1)  
European Journal of Public Health (1)  
Journal of Adolescent Health (1)  
Journal of Applied Biobehavioral Research (1)  
Journal of Cancer Survivorship (1)  
Journal of Neural Transmission (1)  
Journal of Psychosomatic Research (1)  
Patient Education and Counseling (1)  
Pediatrics (1)  
Social Psychiatry and Psychiatric Epidemiology (1)  
Sociological Quarterly (1)  
Social Science & Medicine (1)

*Academic Service*

UW-Madison

Member, Palliative Care/Supportive Oncology Disease Oriented Team (2018-present)

School of Human Ecology

Leadership Team Member, Center for Child and Family Well-Being (2018-present)

Member, SoHE Extension Task Force. The task force was charged with integrating UW-Extension's mission into the SoHE strategic plans. (2017-2018)

Human Development & Family Studies

Graduate Student Organization Faculty Advisor (2017-present)

Graduate Programming Committee (2015-present)

Representative to ad hoc Scholarship Committee (2016)

UW-Extension Cooperative Extension

Faculty Liaison to UW-Madison Institute for Clinical and Translational Research

Community-Academic Partnerships (ICTR-CAP) (2017-present)

Interim Chair, Healthy Living Team (2017-2018)

Co-chair, Aging Workgroup (2015-2018)

Health Living Team Member and Contributing Specialist (2015-2018)

Human Development and Family Relations Team Member and Contributing Specialist (2015-2018)

Family Financial Security Team Member and Contributing Specialist (2015-2018)  
Extension Health Task Force (2017)  
Statewide Advisory Committee Member, 'Reducing Rural Cancer Disparities Together'  
project (2015-2016)  
Advisory Committee Member, Rural Connected Aging Communities (2016)  
Conference planning committee member: Building our Capacity for a Healthier Wisconsin:  
From Concept to Practice (2016; Conference took place October 12-13, 2016)

Cancer Prevention Fellowship Program, National Cancer Institute  
Co-Chair, Career Development Seminar Series (2013-2015)  
Co-Chair, Fall Symposium Planning Committee (2014)

Department of Population Health Sciences, University of Wisconsin-Madison  
Student Representative, Admissions Committee (2011)  
President, Graduate Student Organization (elected) (2010)  
Co-coordinator, 9<sup>th</sup> Annual Departmental Poster Session (2010)  
Co-President, Graduate Student Organization (elected) (2009)